

ZARROW POINTE

# news & views

MARCH 2021

Will You Be My  
Valentine?  
See Page 2



# Will you be my Valentine?

Staff and residents alike celebrate the day of love



## Podiatrist Visits & Vision Clinic in Full Swing



# Your Salon Gets a New Name!

Along with a facelift, your salon at Zarrow Pointe has a new name, Maxine's Salon & Spa.

Join us on March 1st and 2nd for an open house that will give everyone an opportunity to see the changes and get better acquainted with Anne and Mark.



Invites you to our open house event:  
**New Look! New Name!**  
**March 1st & 2nd**

*Offering:*  
mimosas & sparkling cider  
light refreshments  
free hand & scalp massages  
prize drawings  
photo booth

*Meet our providers, Anne & Mark & be entered to win prizes of gift baskets, free services, and more!*

Call 918.496.8333 extension 248 to RSVP

Anne Gore, our nail technician joined the team in our salon in 1995. Always with a smile, she provides quality manicures and pedicures with a style that reflects her personal interest in so many of the residents that she has had the privilege of getting close to over the years. According to Anne: "From the moment I walk in, my mood is instantly changed. It no longer becomes about me; it's about the countless moments and memories that I get to share with others. We are guests in their home."

Mark Thompson, our cosmetologist joined our team in 2018. He has been licensed since 1986. Mark says he feels blessed to be at Zarrow Pointe and has thoroughly enjoyed getting to know the residents and staff. Whether it's a haircut or a new hairstyle, Mark loves helping others feel good about the way they look.

Relax with a mimosa or your choice of refreshment as you enjoy a free hand and scalp massage. Enter to win prizes and free services!

Please be sure to RSVP for us to schedule a time slot that works for you to attend.

## Vaccination Celebration!



Some of our Villa Residents decided to celebrate after receiving their second dose of the Covid-19 vaccine. What makes a shot all better? Wine and good friends!

## Letter from the CEO

Our vaccine clinic sponsored by CVS was here Friday February 5th, they administered the second dose of the vaccine to all that received the first dose. They were also prepared to give the first dose to anyone living or working on campus that had not received the first dose yet. Recognizing that we have new residents moving in and new staff members joining the team periodically, we are arranging for additional “mini clinics” so those folks can also get the vaccine when appropriate and available.

Since the majority of our residents have been vaccinated, our dining venues re-opened on February 15th. We will continue to offer two different seatings in the main dining room at different times and we will continue to limit the number of people in the dining room at this time. For those living in the Villas, the shuttle bus will be running again for your convenience. We will also unlock the entrance doors to the Retirement Center during the evening meal for your convenience. As we adjust to our new normal, please know that we will continue to follow social distancing best practices and we will continue to offer meal deliver service to anyone who want it.

On a different subject, the accounting firm that audits our financial statements also prepares a letter for all of you every year. The purpose of the letter is to help you prepare your tax returns and ensure you get the proper deductions for your fees here at Zarrow Pointe. That letter will be distributed early next week. Please share it with whomever prepares your tax return.

Finally, we want to put 2020 behind us and look forward to a better 2021! Remember “we are stronger together”. Although the horizon is still off in the distance, it is starting to come into focus and is looking promising!!! As always, stay safe and remember:

- Wash your hands thoroughly and often.
- Keep at least 6 feet from others.
- Wear a mask whenever possible.

Best Regards,

**Jim Jakubovitz, CEO**



### *Can you find the female cardinal?*

Beautiful photo taken by Chelsea from her office.

Our Activity Department is always looking out for even the smallest of creatures. Chelsea braves the snow to make sure the birds (and squirrel) have something to keep their bellies full during this cold.



John Drinen decided to make the best of the weather and make an angel in the snow. He admits it was a little harder getting up off the ground than what he remembered as a kid.



Chelsea and Kimgrace decided to join in the fun; making snow angels in front of some of our windows so everyone can view from the warmth of their office or apartment.

# Drum Exercise

Come join us as we dance and exercise to the beat of a different drum! You can be seated or standing as we use drumsticks to beat on stability balls anchored down by storage tubs. This class helps with all seven dimensions of wellness; it's the whole body and mind. It helps with depression, helps build up stamina and balance, and it works on core strength! March 4th at 1:30pm and March 18th at 1:30pm in the Burnstein Auditorium! RSVP to Chelsea: 918-496-8333 Ext. 260



# March Madness Basketball



Come join us as we get ready for March Madness, Zarrow Pointe style! Bring a partner or friend (or we will happily assist with pairings) as we challenge other teams of two for a fun / competitive shootout competition! Teams will be formed and we will practice on Thursday, March 11th at 1:30pm. The Shootout Competition will be held on Thursday, March 25th at 1:30pm in the Burnstein Auditorium. First place prizes will be given out! RSVP with your teammate to Chelsea: 918-496-8333 x 260

# Random Act of Kindness

Thank you *Rita Allen!*

The following was submitted by Janna Tipton.

Text Message  
Today 2:21 PM

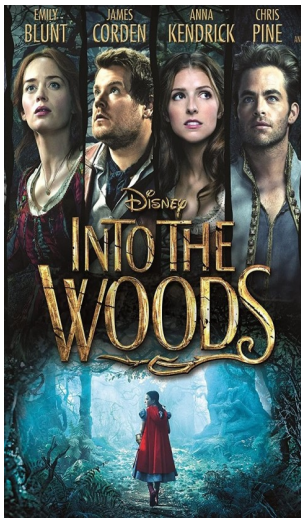
Did you know that Rita made hot chocolate for the snow shovelers? I did not. I love random acts of kindness.

If you would like to recognize someone, please text Randy at 918-418-9437, or email to [rcogburn@zarrowpointe.org](mailto:rcogburn@zarrowpointe.org)



## MARCH BIRTHDAYS

<b>Nancy F.</b>	<b>March 2</b>
<b>John K.</b>	<b>March 2</b>
<b>Hank L.</b>	<b>March 2</b>
<b>Jean W.</b>	<b>March 4</b>
<b>George S.</b>	<b>March 6</b>
<b>Peck K.</b>	<b>March 9</b>
<b>Chris M.</b>	<b>March 14</b>
<b>Judy Gayle W.</b>	<b>March 16</b>
<b>Norma E.</b>	<b>March 19</b>
<b>Ray H.</b>	<b>March 21</b>
<b>Don R.</b>	<b>March 31</b>



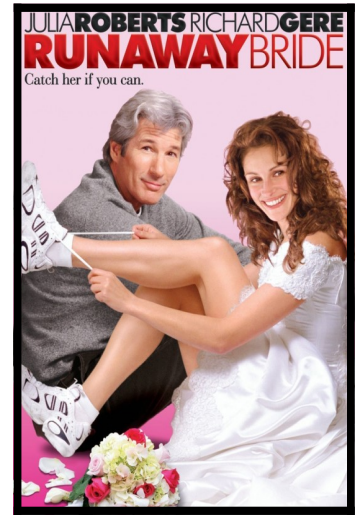
MARCH 09 - 1:30PM



MARCH 14 - 2:00PM



MARCH 16 - 1:30PM



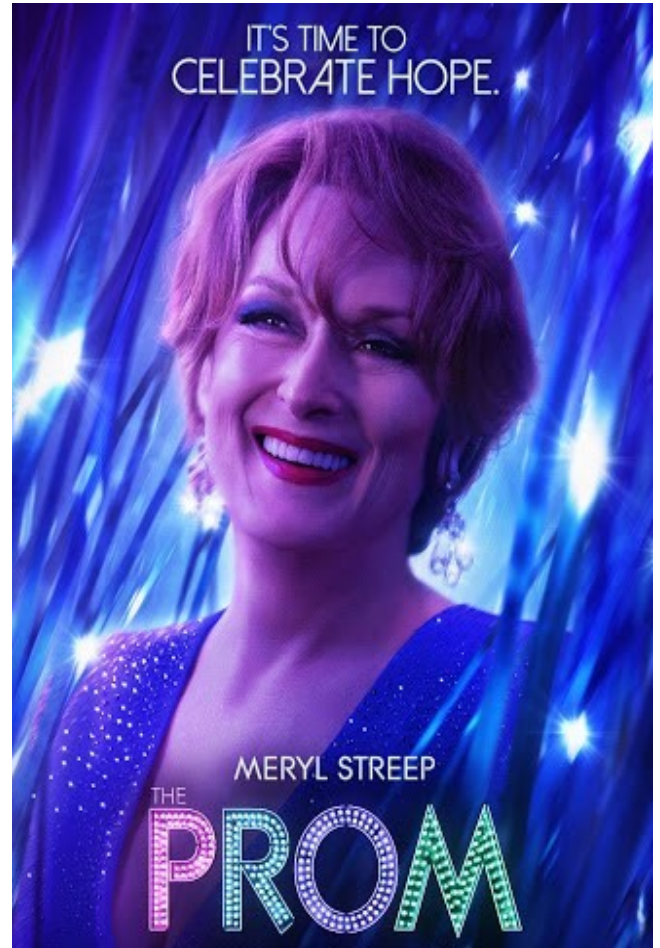
MARCH 23 - 1:30PM

# MOVIES & MUSICALS

BURNSTEIN AUDITORIUM



MARCH 02 - 1:30PM



MARCH 30 - 1:30PM