

MARCH 2021

AS - Art Studio

C - Café

BA - Burnstein Auditorium

GR - Game Room



MARCH
TO THE BEAT OF THE DRUM
MUSICAL ICONS

FRIDAYS IN MARCH

10:00 am - in the BURNSTEIN

03/05 - How the Beatles Changed the World

Revealing interviews and rarely-seen footage of the band that ignited a cultural, social, spiritual, and musical revolution.

03/12 - Cher: Life in the Spotlight

A young girl with crippling stage fright evolves into a legendary musician, a timeless icon, and one of the most recognized figures in Hollywood.

**03/19 - The Dolly Parton Story:
From Rags to Rhinestones**

From recording contracts in Nashville, to acting in movies, and global concert tours, Dolly has come a long way; but it hasn't always been an easy ride.

03/26 - Elvis: The Other Side

Still called the King Of Rock'N Roll, Elvis made an enormous impact on people's lives with his music, his shows and loveable personality; but he had a darker side that very few people new about.

SUNDAY	MONDAY	TUESDAY
<p>HAPPY BIRTHDAY</p> <p>Nancy F. 3/2 Chris M. 3/14 John K. 3/2 Judy Gayle W. 3/16 Hank L. 3/2 Norma E. 3/19 Jean W. 3/4 Ray H. 3/21 George S. 3/6 Don R. 3/31 Peck K. 3/9</p>	<p>1</p> <p>10:00-10:30 Strength and Balance BA 10:30 Crossword BA 1:30-2:00 Exercise BA 3:00-3:45 Water Aerobic Class P</p>	<p>2</p> <p>10:00-11:00 Tai Chi BA 1:30 Movie BA Man of LaMancha with Peter O'Toole</p>
<p>7</p> <p>2:00 Movie, The Dig with Carey Mulligan BA</p>	<p>8</p> <p>10:30 Town Meeting BA & Z 1:30-2:00 Exercise BA 3:00-3:45 Water Aerobics Class P</p>	<p>9</p> <p>10:00-11:00 Tai Chi BA 1:30 Movie, Into the Woods with Meryl Streep BA</p>
<p>14</p> <p>2:00 Movie, The Trial of the Chicago 7 with Sacha Baron Cohen BA</p>	<p>15</p> <p>10:00-10:30 Strength and Balance BA 10:30 Crossword BA 1:30-2:00 Exercise BA 3:00-3:45 Water Aerobics Class P</p>	<p>16</p> <p>10:00-11:00 Tai Chi BA 1:30 Movie, News of the World with Tom Hanks BA</p>
<p>21</p> <p>2:00 Movie, A Champion Heart with Mandy Grace BA</p>	<p>22</p> <p>10:00-10:30 Strength and Balance BA 10:30 Crossword BA 1:30-2:00 Exercise BA 3:00-3:45 Water Aerobics Class P</p>	<p>23</p> <p>10:00-11:00 Tai Chi BA 1:30 Movie, Runaway Bride with Richard Gere BA</p>
<p>28</p> <p>2:00 Movie, Double Jeopardy with Tommy Lee Jones BA</p>	<p>29</p> <p>10:00-10:30 Strength and Balance BA 10:30 Crossword BA 1:30-2:00 Exercise BA 3:00-3:45 Water Aerobics Class P</p>	<p>30</p> <p>10:00-11:00 Tai Chi BA 1:30 Movie, The Prom with Meryl Streep BA</p>

Reservations can be made by calling Carol Stanley at 918-493-8333 Ext. 241 or using the sign-up sheet by the mailboxes.

AL - Assisted Living
Z - Connect By Zoom

GR - Game Room
IP- Indoor Pool

L- Library
ML- Manor Lobby

S- Synagogue
TR- Theater Room

R- RESERVATIONS ONLY

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3 10:00-10:30 Strength and Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA</p>	<p>4 10:00-11:00 Tai Chi BA 10:30 Jeopardy TR 1:30 Drum Exercise BA</p>	<p>5 10:00 Musical Icons: How the Beatles Changed the World BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA 3:00-3:45 Water Aerobic Class P</p>	<p>6 SABBATH</p>
<p>10 10:00-10:30 Strength and Balance BA 11:00 Discussion Group TR&Z 1:30-2:00 Exercise BA</p>	<p>11 10:00-11:00 Tai Chi BA 10:30 Crossword TR 1:30 March Madness: Basketball Practice BA</p>	<p>12 10:00 Musical Icons: Cher: Life in the Spotlight BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA 3:00-3:45 Water Aerobic Class P</p>	<p>13 SABBATH</p>
<p>17 10:00-10:30 Strength and Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA</p>	<p>18 10:00-11:00 Tai Chi BA 10:30 Trivia TR 1:30 Drum Exercise BA</p>	<p>19 10:00 Musical Icons: The Dolly Parton Story: From Rags to Rhinestones BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA 3:00-3:45 Water Aerobics Class IP</p>	<p>20 SABBATH</p>
<p>24 10:00-10:30 Strength and Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA</p>	<p>25 10:00-11:00 Tai Chi BA 10:30 Brain Games TR 1:30 March Madness: Basketball Shootout BA</p>	<p>26 10:00 Musical Icons: Elvis: The Other Side BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA 3:00-3:45 Water Aerobics Class IP</p>	<p>27 SABBATH</p>
<p>31 10:00-10:30 Strength and Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA</p>	<p>POOL HOURS: Monday - Friday 9:00 - 4:30 Closed For Lunch 12-12:45 Saturday Closed Sunday Closed</p>		

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at rcogburn@zarrowpointe.org.