

SEPTEMBER 2022

AS - Art Studio

C - Café

BA - Burnstein Auditorium

GR - Game Room




BEST WISHES CAROL

On July 26th, Carol Stanley retired from Zarrow Pointe after 29 years of dedicated service as your Activity Coordinator.

Pictured above is Carol with her two daughters, her brother, and sister-in-law, at her retirement party.

When asked what she would miss most about her time here, she said without hesitation, "The people!"

Carol served the residents with unfailing dedication and devotion. She gave her time and her heart to the people here. She will be missed but we are all very happy that she was able to retire and move closer to family. I asked Carol if she thought she would be okay being at home full-time. Her response didn't surprise me a bit; she has already made plans to help others in her community as a volunteer. *Julie F.*

SUNDAY	MONDAY	TUESDAY
<p>POOL HOURS: Monday - Friday 9:00 - 4:30 Closed For Lunch 12-12:45 Saturday Closed Sunday 9 - Noon</p>	 <p>Pat D. 9/4 Jimmy H. 9/24 David H. 9/6 Judith J. 9/24 Chuck W. 9/12 DeAnn H. 9/26 Janna T. 9/12 Shirley G. 9/27 Joe N. 9/17 Paul K. 9/29</p>	
<p>4 9-12 Poolside Coffee and Danish 10:15 Games GR 2:00 Movie, "Labor Day" with Kate Winslet TR</p>	<p>5 LABOR DAY NO ACTIVITIES</p>	<p>6 10:00 Tai Chi BA 7:00 Movie "Mrs. Harris Goes to Paris" with Lesley Manville BA</p>
<p>11 9-12 Poolside Coffee and Danish 10:00 Tulsa Opera Songs by Heart BA 10:15 Games GR 2:00 Movie, "Age of Adaline" with Blake Lively TR</p>	<p>12 9:00 S.A.I.L. Exercise Class BA 10:30 Town Meeting BA 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP 3:30 Book Club: The Lincoln Highway by Abor Towels L</p>	<p>13 10:00 Tai Chi BA 11:15 Lunch Out IND R 2:00 Music With Scott Musik & Friends</p>
<p>18 9-12 Poolside Coffee and Danish 10:15 Games GR 2:00 Movie, "Uncharted" with Mark Wahlberg TR</p>	<p>19 9:00 S.A.I.L. Exercise Class BA 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP</p>	<p>20 10:00 Tai Chi BA 1:30 Movie: "King Richard" with Will Smith BA</p>
<p>25 9-12 Poolside Coffee and Danish 10:15 Games GR 2:00 Movie, "Hustle" with Adam Sandler TR</p>	<p>26 ROSH HASHANAH 2:00 S.A.I.L. Exercise Class BA 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP</p>	<p>27 ROSH HASHANAH 10:00 Tai Chi BA 1:30 Movie: "Barbra: The Music, The Memories, The Magic" BA</p>

AL - Assisted Living
Z - Connect By Zoom

GR - Game Room
IP- Indoor Pool

L- Library
ML- Manor Lobby

S- Synagogue
TR- Theater Room

R- RESERVATIONS ONLY

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Tai Chi BA 11:00 Craft Project with Julie AS 2:00 America Says Game TR	2 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA	3 SABBATH 2:00 Movie, "Collateral Beauty" with Will Smith TR
7 9:00 S.A.I.L. Exercise 10:00 Strength & Balance BA 11:00 Lunch and Study Group with Rabbi Kaiman Synagogue R 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP	8 10:00 Tai Chi BA 11:15-12:15 Bookmobile ML 7:00-9:00 Lantern Lighting: Remembrance Celebration R	9 10:00 Shopping at Reasor's and Whole Foods IND 1:30 Exercise BA 2:00 Balloon Swat BA	10 SABBATH 2:00 Movie, "The Last Letter from Your Lover" with Shailene Woodley TR
14 9:00 S.A.I.L. Exercise Class BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP	15 10:00 Tai Chi BA 11:00 Poetry Reading TR 3:00 Assisted Living Trip Out TBD: TSO Chamber Lecture BA	16 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 4:00 Cocktail Hour and "Meet and Greet" ML	17 SABBATH 2:00 Movie, "Tower Heist" with Ben Stiller TR TBD: TSO Chamber Concert at Montereau
21 9:00 S.A.I.L. Exercise Class BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Study Group with Rabbi Kaiman AS	22 10:00 Tai Chi BA 8:30 Fishing Trip R 2:00 Music Memory Game TR	23 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 6:45 Shabbat Service with Cantor Weinstein BA	24 SABBATH 10:30 Tulsa Greek Festival Outing IND R 2:00 Movie, "Purple Hearts" with Sofia Carson TR
28 9:00 S.A.I.L. Exercise Class BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP	29 10:00 Tai Chi BA 11:00 "This Is My Life" Storytelling TR 5:00 Trivia Night BA R	30 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA	

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at rcogburn@zarrowpointe.org.