

# DECEMBER 2022

AS - Art Studio

C - Café

BA - Burnstein Auditorium

GR - Game Room



## *December*

Wintry mornings  
wrapped in white,  
Evenings calm and  
still,


Snowflakes  
dancing all around,  
Sled rides down a  
hill,

Gathering with  
loved ones  
Such a pleasure to  
remember

All memories and  
special gifts

That come with  
each December.

Unknown

SUNDAY	MONDAY	TUESDAY
<p><b>POOL HOURS:</b> Monday - Friday 9:00 - 4:30 Closed For Lunch 12-12:45 Saturday Closed Sunday 9 - 4:30</p>	 <p>Sam S. 12/1 Yolanda C. 12/10 Anne W. 12/12 Helen G. 12/15 George K. 12/15</p>	
<p><b>4</b> 9-4:30 Poolside Coffee and Danish 10:15 Games GR 2:00 Movie, "Funny Girl" with Barbara Streisand TR</p>	<p><b>5</b> 10:00 Strength &amp; Balance BA 10:30 Crossword AR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP</p>	<p><b>6</b> 10:00 Tai Chi BA 6:30 Walking Holiday Light Tour IND R</p>
<p><b>11</b> 9-4:30 Poolside Coffee and Danish 10:15 Games GR 2:00 Movie, "Holidate" with Emma Roberts and Luke Bracey TR</p>	<p><b>12</b> 10:30 Town Meeting BA 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP 3:00 Book Club: The Adventures of Huckleberry Finn L</p>	<p><b>13</b> 10:00 Tai Chi BA 2:00 Fireside Chat ML</p>
<p><b>18</b> 9-4:30 Poolside Coffee and Danish 10:15 Games GR 2:00 Movie, "Edie" with Sheila Hancock TR</p>	<p><b>19</b> 10:00 Strength &amp; Balance BA 10:30 Crossword AR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP</p>	<p><b>20</b> 10:00 Tai Chi BA 2:00 Music with John Glazer and Pat Savage BA</p>
<p><b>25</b> <b>NO ACTIVITIES</b></p>	<p><b>26</b> <b>NO ACTIVITIES</b></p>	<p><b>27</b> 10:00 Tai Chi BA 2:00 Fireside Chat ML</p>

AL - Assisted Living  
Z - Connect By Zoom

GR - Game Room  
IP - Indoor Pool

L - Library  
ML - Manor Lobby

S - Synagogue  
TR - Theater Room

R - RESERVATIONS ONLY

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 9:00 Five Wishes with Julie Anderson BA 10:00 Tai Chi BA 11:15 Lunch Out and Shopping to The Market at Walnut Creek IND R	<b>2</b> 10:00 Walmart Neighborhood Market IND 10:00 Mizel Kids Perform BA 1:30 Exercise BA 2:00 Balloon Swat BA	<b>3</b> <b>SABBATH</b> 2:00 Movie, "The Out of Towners" with Steve Martin and Goldie Hawn TR
<b>7</b> 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP	<b>8</b> 10:00 Tai Chi BA 11:15-12:15 Bookmobile ML 1:30 Outing: The Sherwin Miller Museum of Jewish Art Tour R	<b>9</b> 10:30 TCC Signature Quartet BA 1:30 McClure Elementary Holiday Program BA 2:00 Balloon Swat BA 2:30 Shopping at Reasor's IND 6:45 Shabbat Service with Cantor Weinstein BA	<b>10</b> <b>SABBATH</b> 2:00 Movie, "Seven Days in Utopia" with Robert Duvall and Lucas Black TR
<b>14</b> 10:00 Guest Speaker: Meredith Woodruff BA 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP 6:00 Holiday Light Tour AL R	<b>15</b> 10:00 Tai Chi BA 1:30 Centennial Celebration for George K. BA	<b>16</b> 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA	<b>17</b> <b>SABBATH</b> 2:00 Movie, "Love, Lights, Hanukkah!" with Ben Savage and Mia Kirshner TR
<b>21</b> 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics P	<b>22</b> 10:00 Tai Chi BA 11:00 "This Is My Life" Storytelling Event TR 6:30 Holiday Light Tour IND R	<b>23</b> 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA	<b>24</b> <b>SABBATH</b> 2:00 Movie, "It's a Wonderful Life" with Jimmy Stewart TR
<b>28</b> 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics IP	<b>29</b> 10:00 Tai Chi BA 7:00-9:00 End of the Year Celebration Event BA	<b>30</b> 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA	<b>31</b> <b>SABBATH</b> 2:00 Movie, "Barbara; The Music, The Memories, The Magic!" with Barbara Streisand TR

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at [rcogburn@zarrowpointe.org](mailto:rcogburn@zarrowpointe.org).