








JANUARY 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 10:00 Tai Chi BA 10:30 Water Aerobics IP 2:15 Aqua Endurance IP	3 10:00 Strength & Balance BA 10:30 Music w/ Richard Hicks HC 1:30 Exercise BA 2:30 Healthy Spine IP 3:30 Water Aerobics IP 6:30 Klezmer Band Practice BA	4 10:00 Tai Chi BA 10:30 Guys and Gals TR 10:30 Water Aerobics IP 1:00 Study Group w/ Rabbi Kaiman TR DON'T MISS OUT! 1:30 Bingo HC	5 10:00 Strength & Balance BA 10:00 Wal-Mart IND 11:00 Arm Chair Travel TR 1:00 Jewelry Making AS 1:30 Exercise BA 2:15 Aqua Endurance IP 4:30 Cocktails C	6 SABBATH 2:00 Movie TR- Undercover Grandpa with James Caan 7:00 Movie TR 
7 11:00 Trivia HC 1:30 Bingo HC 1:30 Water Aerobics IP	8 10:00 Strength & Balance BA 10:30 Town Meeting BA 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 7:00 Poker L	9 10:00 Shopping 10:00 Tai Chi BA 10:30 Water Aerobics IP 1:00 Bible Study TR 2:15 Aqua Endurance IP 7:00 Movie and Popcorn BA- Our Souls at Night with Robert Redford BIRTHDAY DINNER	10 10:00 Library Visit 10:00 Strength & Balance BA 10:30 Music w/ Luigi Balleto HC 1:30 Exercise BA 2:30 Healthy Spine IP 3:30 Water Aerobics IP 3:30 Cocktails BA	11 10:00 Tai Chi BA 10:30 Trivia TR 10:30 Water Aerobics IP 1:00 Study Group w/ Rabbi Kaiman TR 1:30 Bingo HC	12 10:00 Strength & Balance BA 10:00 Wal-Mart IND 1:30 Exercise BA 2:15 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C	13 SABBATH 2:00 Movie TR- Desk Set with Spencer Tracy 7:00 Movie TR 
14 11:00 Trivia HC 1:30 Bingo HC 1:30 Water Aerobics IP 2:30 Music with Ed HC	15 10:00 Strength & Balance BA 10:30 Crossword L 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 7:00 Poker L	16 10:00 Tai Chi BA 10:30 Water Aerobics IP 11:00 Men's Lunch Club 2:15 Aqua Endurance IP 7:15 News w/Jacob Howland BA DON'T MISS OUT!	17 10:00 Strength & Balance BA 10:30 Music w/ John Southern HC 1:30 Exercise BA 2:00 Ladies Group TR 2:30 Healthy Spine IP 3:30 Water Aerobics IP	18 10:00 Tai Chi BA 10:30 Brain Games TR 10:30 Water Aerobics IP 1:00 Study Group w/ Rabbi Kaiman TR DON'T MISS OUT! 1:30 Bingo HC 2:00 Art Project 3:00 Women's Health-Bladder	19 10:00 Strength & Balance BA 10:00 Wal-Mart IND 1:00 Jewelry Making AS 1:30 Exercise BA 2:15 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C	20 SABBATH 2:00 Movie TR- Coffee Shop with Laura Vandervoort 7:00 Movie TR 
21 11:00 Trivia HC 1:30 Bingo HC 1:30 Water Aerobics IP	22 10:00 Strength & Balance BA 10:30 Crossword L 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 6:30 Adult Classes-Temple 7:00 Poker L	23 9:30 Historical Museum- Lunch at Wild Fork DON'T MISS OUT! 10:00 Tai Chi BA 10:30 Water Aerobics IP 1:00 Bible Study TR 2:15 Aqua Endurance IP 7:00 John Southern and Band BA	24 10:00 Strength & Balance BA 10:30 Music w/Denise Hoey BA 1:30 Exercise BA 2:30 Healthy Spine IP 3:30 Water Aerobics IP 3:30 Cocktails	25 10:00 Tai Chi BA 10:30 Special Activity w/Jan TR 10:30 Water Aerobics IP 1:00 Study Group w/ Rabbi Kaiman TR 1:15 Bingo HC 2:30 Birthday Party HC with Jon Glazer	26 10:00 Strength & Balance BA 10:00 Wal-Mart IND 1:30 Exercise BA 2:15 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C	27 SABBATH 2:00 Movie TR- Horse Dancer w/ Jason London 7:00 Movie TR 
28 11:00 Trivia HC 1:30 Bingo HC 1:30 Water Aerobics IP	29 10:00 Strength & Balance BA 10:30 Crossword L 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 6:30 Adult Classes-Temple 7:00 Poker L	30 10:00 Tai Chi BA 10:30 Water Aerobics IP 2:15 Aqua Endurance IP 2:30 Travel Video to Greece BA 7:00 Book Review with Gerry Hendon-The Boy Who Harnessed The Wind by William Kamkwamba DON'T MISS OUT!	31 10:00 Strength & Balance BA 1:30 Exercise BA 2:30 Healthy Spine IP 3:30 Water Aerobics IP	AS- Art Studio BA- Burnstein Auditorium C- Café GR- Game Room HC- Health Care	IP- Indoor Pool L- Library ML- Manor Lobby S- Synagogue TR- Theater Room R- RESERVATIONS ONLY	POOL HOURS: MONDAY-FRIDAY: 9:00-4:30 CLOSED FOR LUNCH: 12-12:45 SATURDAY: CLOSED SUNDAY 1:15-2:45