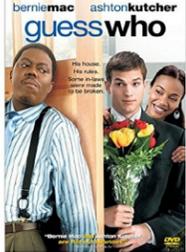




# JULY 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 11:00 Trivia HC 1:30 Bingo HC 1:30 Water Aerobics IP	<b>2</b> 10:00 Strength & Balance BA 10:30 Crossword L 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 7:00 Poker L	<b>3</b> 10:00 Tai Chi BA 10:30 Water Aerobics OP 2:15 Aqua Endurance IP 2:30 Travel Video BA- American Eagle <b>DON'T MISS!</b>	<b>4</b>  2:30 4th of July Party- Entertainment with John	<b>5</b> 10:00 Tai Chi BA 10:30 Guys and Gals TR 10:30 Water Aerobics OP 1:30 Study Group w/Rabbi Kaiman TR 1:30 Bingo HC	<b>6</b> 10:00 Strength & Balance BA 10:00 Wal-Mart IND 1:00 Jewelry Making AS 1:30 Exercise BA 2:15 Aqua Endurance IP 4:30 Cocktails C	<b>7</b> SABBATH 2:00 Movie TR- An Unfinished Life w/ Jennifer Lopez 7:00 Movie TR 
<b>8</b> 11:00 Trivia HC 1:30 Bingo HC 12:00 Water Aerobics OP	<b>9</b> 10:00 Strength & Balance BA 10:30 Town Meeting BA 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 7:00 Poker L	<b>10</b> 10:00 Shopping 10:00 Tai Chi BA 10:30 Water Aerobics OP 1:00 Bible Study TR 2:15 Aqua Endurance IP 7:00 Entertainment with Tim Turner and Alice Brook BIRTHDAY DINNER <b>DON'T MISS!</b>	<b>11</b> 10:00 Library Visit 10:00 Strength & Balance BA 10:30 Music w/ Luigi Balleto HC 11:00 Discussion Group AS 1:30 Exercise BA 2:30 Healthy Spine IP 3:30 Water Aerobics IP 3:30 Cocktails BA	<b>12</b> 9:30 Casino and Lunch IND 10:00 Tai Chi BA 10:30 Trivia TR 10:30 Water Aerobics OP 1:30 Study Group w/Rabbi Kaiman TR 1:30 Bingo HC	<b>13</b> 10:00 Strength & Balance BA 10:00 Wal-Mart IND 1:30 Exercise BA 2:15 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C	<b>14</b> SABBATH 2:00 Movie TR- Guess Who w/ Bernie Mac 7:00 Movie TR 
<b>15</b> 11:00 Trivia HC 1:30 Bingo HC 12:00 Water Aerobics OP	<b>16</b> 10:00 Strength & Balance BA 10:30 Crossword L 11:00 Pain Management & Palliative Care w/ Dr. Vishal Aggarwal BA 1:30 Exercise BA <b>DON'T MISS!</b> 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML	<b>17</b> 10:00 Tai Chi BA 10:30 Water Aerobics OP 2:15 Aqua Endurance IP 2:30 Travel Video BA D-Day's Sunken Secrets 7:15 News with Jacob Howland BA	<b>18</b> 10:00 Strength & Balance BA 10:30 Music w/ John Southern HC 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Ladies Group TR 2:30 Healthy Spine IP 3:30 Water Aerobics IP	<b>19</b> 10:00 Tai Chi BA 10:30 Brain Games TR 10:30 Water Aerobics OP 1:30 Study Group w/Rabbi Kaiman TR 1:30 Bingo HC 2:00 Art w/Aubrey AS	<b>20</b> 10:00 Strength & Balance BA 10:00 Wal-Mart IND 1:30 Exercise BA 2:15 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C	<b>21</b> SABBATH 2:00 Movie TR- Flash of Genius w/ Greg Kinnear 7:00 Movie TR 
<b>22</b> 11:00 Trivia HC 1:30 Bingo HC 12:00 Water Aerobics OP	<b>23</b> 10:00 Strength & Balance BA 10:30 Crossword L 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 6:00 Musical Monday R 7:00 Poker L	<b>24</b> <b>DON'T MISS!</b> 9:30 Tulsa Historical Society & Museum Exhibit "Transmitting Tulsa: On Screen & Over the Airwaves" 10:00 Tai Chi BA 10:30 Water Aerobics OP 1:00 Bible Study TR 2:15 Aqua Endurance IP 7:00 Movie and Popcorn BA American Masters: This is Bob Hope	<b>25</b> 10:00 Strength & Balance BA 10:30 Music w/Denise Hoey 11:00 Discussion Group AS 1:30 Exercise BA 2:30 Healthy Spine IP 3:30 Water Aerobics IP 3:30 Cocktails	<b>26</b> <b>DON'T MISS!</b> 10:00 Tai Chi BA 10:30 Special Activity w/Jan Symbols of America 10:30 Water Aerobics OP 1:30 Study Group w/Rabbi Kaiman TR 1:15 Bingo HC 2:30 Birthday Party HC with Jon Glazer	<b>27</b> 10:00 Strength & Balance BA 10:00 Wal-Mart IND 1:30 Exercise BA 2:15 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C	<b>28</b> SABBATH 2:00 Movie TR- Mad Money w/ Diane Keaton 7:00 Movie TR 
<b>29</b> 11:00 Trivia HC 1:30 Bingo HC 12:00 Water Aerobics OP	<b>30</b> 10:00 Strength & Balance BA 10:30 Crossword L 1:30 Exercise BA 2:30 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30 Water Aerobics IP 7:00 Poker L	<b>31</b> <b>DON'T MISS!</b> 10:00 Tai Chi BA 10:30 Water Aerobics OP 2:15 Aqua Endurance IP 6:30-9:00 Casino Night BA		AS- Art Studio BA- Burnstein Auditorium C- Café GR- Game Room HC- Health Care	IP- Indoor Pool L- Library ML- Manor Lobby OP- Outdoor Pool S- Synagogue TR- Theater Room R- RESERVATIONS ONLY	<b>POOL HOURS:</b> MONDAY, WEDNESDAY, FRIDAY: 9:00-4:30 TUESDAY AND THURSDAY: 9:00-10:00 & 12:45-4:30 CLOSED FOR LUNCH: 12:00-12:45 SATURDAY: CLOSED