







OCTOBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	2 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:15-3:00 Aqua Endurance IP 2:30 Entertainment w/Denise Hoey BA 6:45 Movie and Popcorn BA- Wonder Woman with Gal Gadot	3 10-12 Olli Class R BA 10-10:30 Strength & Balance BA 10:30 Music w/Pat Hobbs HC 11:00 Discussion Group AS 1-3 Olli Class R BA 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 4:00 Fall Festival- Dinner, Games and Drinks DON'T MISS!	4 10-11 Tai Chi BA 10:30 Guys and Gals TR 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman TR 1:30 Bingo HC 1:30 Understanding & Responding to Dementia Related Behavior BA DON'T MISS!	5 10-10:30 Strength & Balance BA 10:00 Wal-Mart IND 1:00 Jewelry Making AS 1:30 Exercise BA 2:15-3:00 Aqua Endurance IP 4:30 Cocktails C 7:30 Temple Israel Shabbat Service VIA Live Stream TR	6 SABBATH 2:00 Movie TR- Secretariat with Diane Lane 6:30 Movie TR 
7 11:00 Trivia HC 1:30 Bingo HC 1:30-2:30 Water Aerobics IP	8 10-10:30 Strength & Balance BA 10:30 Town Meeting BA 1:30 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	9 10-10:30 Tai Chi BA 10:00 Shopping 10:30-11:30 Water Aerobics IP 1:00 Bible Study TR 2:15-3:00 Aqua Endurance IP Birthday Dinner 6:00 Dessert Night with Entertainment with Cherry & Jerry BA DON'T MISS!	10 10-12 Olli Class R BA 10:00 Library Visit 10-10:30 Strength & Balance BA 10:30 Music w/ Luigi Balleto HC 11:00 Discussion Group AS 1-3 Olli Class R BA 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Cocktails BA	11 10:00 Tai Chi BA 10:30 Trivia TR 10:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman TR 1:30 Bingo HC	12 10-10:30 Strength & Balance BA 10:00 Wal-Mart IND 1:30-2:00 Exercise BA 2:15-3:00 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C 7:30 Temple Israel Shabbat Service VIA Live Stream TR	13 SABBATH 2:00 Movie TR- The Music of Silence with Toby Sebastian 6:30 Movie TR 
14 11:00 Trivia HC 11:45 ShalomFest-Temple 1:30 Bingo HC 1:30-2:30 Water Aerobics IP	15 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	16 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:15-3:00 Aqua Endurance IP 2-3 Fashion Show BA 6:45 News with Jacob Howland BA DON'T MISS!	17 10-10:30 Strength & Balance BA 10-12 Olli Class R BA 10:30 Music w/John Southern HC 11:00 Discussion Group AS 1-3 Olli Class R BA 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP	18 9:30 Casino and Lunch IND 10-11 Tai Chi BA 10:30 Brain Games TR 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman TR 1:30 Bingo HC 6:30 Book Club AS	19 10:00 Wal-Mart IND 1:00 Jewelry Making AS 2:15-3:00 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C 6:00 Temple Israel Shabbat Service VIA Live Stream TR	20 SABBATH 2:00 Movie TR- The Princess Diaries2: Royal Engagement with Anne Hathaway 6:30 Movie TR 
21 11:00 Trivia HC 1:30 Bingo HC 1:30-2:30 Water Aerobics IP	22 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	23 9:30 Trip-Mindy Coretz Horse Barn 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 1:00 Bible Study TR 1:00 Circle Cinema Big Sonia 2:15-3:00 Aqua Endurance IP 6:45 Movie and Popcorn BA Missing McKeesport-Documentary	24 10-10:30 Strength & Balance BA 10-12 Olli Class R 10:30 Music w/Denise Hoey HC 11:00 Discussion Group AS 1-3 Olli Class R 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Cocktails BA	25 10-11 Tai Chi BA 10:30 The History of Grave Markers w/Jan TR 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman TR 1:30 Bingo HC	26 10-10:30 Strength & Balance BA 10:00 Wal-Mart IND 1:30-2:00 Exercise BA 2:15-3:00 Aqua Endurance IP 3:00 Shabbat Service HC 4:30 Cocktails C 6:00 Temple Israel Shabbat Service VIA Live Stream TR	27 SABBATH 2:00 Movie TR- Finding Neverland with Johnny Depp 6:30 Movie TR 
28 11:00 Trivia HC 1:30 Bingo HC 1:30-2:30 Water Aerobics IP	29 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP 6:30 Adult Classes-B'nai	30 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:15-3:00 Aqua Endurance IP 2:30 Travel Video BA-Nova: Secrets of Noah's Ark 6:45 Paint and Sip with Aubrey AS DON'T MISS!	31 10-10:30 Strength & Balance BA 10:00 Olli Class R 11:00 Discussion Group AS 1-3 Olli Class R 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP	AS- Art Studio BA- Burnstein Auditorium C- Café GR- Game Room HC- Health Care	IP- Indoor Pool L- Library ML- Manor Lobby S- Synagogue TR- Theater Room R- RESERVATIONS ONLY	POOL HOURS: MONDAY-FRIDAY: 9:00-4:30 CLOSED FOR LUNCH: 12-12:45 SATURDAY: CLOSED SUNDAY 1:15-2:45