

Happy Birthday




2 Nancy F. 16 Judy Gayle W.
 2 Hank L. 19 Norma E.
 4 Jean W. 24 Irene R.
 8 Charlotte T. 31 Don R.

**PREPARE
YOURSELF
BE READY**

**Annual Emergency
Preparedness Meeting**

March 21 – 4:00pm
Burnstein Auditorium

MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AS- Art Studio BA-Burnstein Auditorium C- Café GR- Game Room	IP- Indoor Pool L- Library ML- Manor Lobby S- Synagogue TR- Theater Room R- RESERVATIONS ONLY	<i>POOL HOURS: MONDAY-FRIDAY: 9:00-4:30 CLOSED FOR LUNCH: 12-12:45 SATURDAY: CLOSED SUNDAY 1:15-2:45</i>			1 10-10:30 Strength & Balance BA 10:00 Walmart IND 1:30 Exercise BA 2:00 Jewelry Making AS 4:30 Cocktails C 7:30 Temple Israel Shabbat Service VIA Live Stream TR	2 SABBATH  2:00 Movie TR- Quartet with Maggie Smith 7:00 Movie TR
3 10-11 Coffee Hour ML 1:30-2:30 Water Aerobics IP	4 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP 6:30 Adult Classes B'nai 6:45 TCC Community Band IND	5 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:30 Music w/Denise Hoey BA 2:30-3:00 Beginners Aquatics	6 10-12 Olli Class R-BA 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1-3 Olli Class R-BA 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP	7 10-11 Tai Chi BA 10:30 Guys and Gals L 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginners Aquatics 6:30 Game Night GR	8 10-10:30 Strength & Balance BA 10:00 Trifecta Shopping IND Trader Joe's, Whole Foods and Reasor's-41st and Peoria 1:30 Exercise BA 4:30 Cocktails C 7:30 Temple Israel Shabbat Service VIA Live Stream TR	9 SABBATH  2:00 Movie TR- Second Best w/ William Hurt 7:00 Movie TR
10 10-11 Coffee Hour ML 10:30 Brunch at Wild Fork IND 1:30-2:30 Water Aerobics IP	11 10-10:30 Strength & Balance BA 10:30 Town Meeting BA 1:30 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea and Chat ML 3:30-4:15 Water Aerobics IP	12 10-11 Tai Chi BA 10:00 Walgreens Shopping 10:30-11:30 Water Aerobics IP 1:00 Bible Study TR 2:30 Travel Video-How To Win The US Presidency BA 2:30-3:00 Beginners Aquatics 6:45 Entertainment w/Janet Rutland BA BIRTHDAY DINNER	13 10-12 Olli Class BA 10:00 Library Visit 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1-3 Olli Class BA 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Cocktails BA	14 10-11 Tai Chi BA 10:30 Trivia TR 10:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginners Aquatics 6:30 Game Night GR	15 10-10:30 Strength & Balance BA 10:00 Walmart IND 2:00 Jewelry Making AS 1:30-2 Exercise BA 2:30 Aging Can Be Tough to Swallow w/Rachel Howard BA 4:30 Cocktails C	16 SABBATH  2:00 Movie TR- Star Wars: Episode VIII: The Last Jedi w/ Mark Hamill 7:00 Movie TR
17 10-11 Coffee Hour ML 1:30 ABC Bingo BA (\$1 admission- Proceeds benefit Tulsa Day Center for the Homeless) 1:30-2:30 Water Aerobics IP	18 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	19 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:30-3:00 Beginners Aquatics 3:30 Entertainment w/Pat Hobbs BA 6:45 News with Jacob Howland BA	20 10-12 Olli Class BA 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1:30-2:00 Exercise BA 1-3 Olli Class BA 2:00 Ladies Group TR 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Book Club AS	21 9:30 Casino and Lunch IND 10-11 Tai Chi BA 10:30 Brain Games TR 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginners Aquatics 4:00 Being Prepared for Emergencies w/Bobby Patterson BA 6:30 Game Night GR	22 10-10:30 Strength & Balance BA 10:00 Walmart IND 1:30 Exercise BA 4:30 Cocktails C 7:30 Temple Israel Shabbat Service VIA Live Stream TR	23 SABBATH  2:00 Movie TR- Set It Up with Zoey Deutch 7:00 Movie TR
24 10-11 Coffee Hour ML 1:00 Movie Out IND 1:30-2:30 Water Aerobics IP	25 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	26 10:00 Mystery Trip Out 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 1:00 Bible Study TR 2:30-3:00 Beginners Aquatics 6:45 Paint and Sip w/Aubrey AS	27 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30 Cocktail BA 3:30-4:15 Water Aerobics	28 10-11 Tai Chi BA 10:30 Superstitions w/ Jan TR 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginners Aquatics	29 10-10:30 Strength & Balance BA 10:00 Walmart IND 1:30-2 Exercise BA 4:30 Cocktails C	30 SABBATH  2:00 Movie TR- Battle with Lisa Teige 7:00 Movie TR
31 10-11 Coffee Hour ML 1:30 Ballet-Tchaikovsky IND	 COFFEE HOUR SUNDAYS @ 10am ~ Manor Lobby					