



Ruth L. 1
Toni F. 4
Sherman R. 5
Joe S. 5
Irish C. 13
Frieda G. 15

Ira L. 17
Arlene R. 29

TULSA OPERA

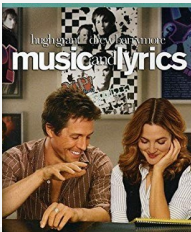





Sunday, May 5th ~ 1:30pm

Reservations required -
See Carol Stanley



DON GIOVANNI

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AS- Art Studio BA-Burnstein Auditorium C- Café FC- Fitness Center GR- Game Room IP- Indoor Pool L- Library ML- Manor Lobby	S- Synagogue TR- Theater Room R- RESERVATIONS ONLY	POOL HOURS: MONDAY-FRIDAY: 9:00-4:30 CLOSED FOR LUNCH: 12-12:45 SATURDAY: CLOSED SUNDAY 1:15-2:45	1 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP	2 10-11 Tai Chi BA 10:30 Guys and Gals L 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 6:30 Game Night GR	3 9:00 Waist Watchers Walk ML 10-10:30 Strength & Balance BA 10:00 Wal-Mart IND 1:30 Exercise BA 4:30 Cocktails ML 7:30 Temple Israel Shabbat Service VIA Live Stream TR	4 SABBATH 2:00 Movie TR- Music and Lyrics with Hugh Grant 7:00 Movie TR 
5 10-11 Coffee Hour ML 1:30-2:30 Water Aerobic IP 1:30 Opera-Don Giovanni R 5:00 Cinco de Mayo Fiesta  DON'T MISS OUT!	6 10-10:30 Strength & Balance BA 10:30 Crossword L 11:00 Waist Watchers FC 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP 6:15 Survival In The Shadows: Hidden Children of the Holocaust-Temple Israel DON'T MISS OUT!	7 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:30 Music w/Denise Hoey BA 2:30-3:00 Beginner Aquatics IP 6:45 TCC Community Band IND	8 10:00 Library Visit 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Cocktails BA	9 10-11 Tai Chi BA 10:30 Trivia L 10:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 3:00 Health Impact of Stress BA 6:30 Game Night GR DON'T MISS OUT!	10 9:00 Waist Watchers Walk ML 10-10:30 Strength & Balance BA 10:00 Trifacta Shopping IND Trader Joe's, Wal-Mart Market and Reasor's-41st and Peoria 1:30 Exercise BA 4:30 Cocktails ML	11 SABBATH 2:00 Movie TR- The Boy Who Harnessed The Wind w/ Maxwell Simba 7:00 Movie TR 
12 11-2 Mother's Day Champagne Brunch R 	13 9:00 Waist Watchers FC 10-10:30 Strength & Balance BA 10:30 Town Meeting BA 1:30 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea and Chat ML 3:30-4:15 Water Aerobics IP	14 10-11 Tai Chi BA 10:00 Shopping-Walgreens 10:30-11:30 Water Aerobics IP 1:00 Bible Study TR 2:30-3:00 Beginner Aquatics IP 3:30 Entertainment w/John O. and Pat H. BA 6:45 Movie & Popcorn BA The Mule with Clint Eastwood BIRTHDAY DINNER	15 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Ladies Group TR 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Book Club AS	16 9:30 Casino and Lunch IND 10-11 Tai Chi BA 10:30 Brain Games L 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 6:30 Game Night GR	17 9:00 Waist Watchers Walk ML 10-10:30 Strength & Balance BA 10:00 Wal-Mart IND 1:30-2 Exercise BA 2:00 Jewelry Making AS 4:30 Cocktails ML 7:30 Temple Israel Shabbat Service VIA Live Stream TR	18 SABBATH 2:00 Movie TR- West Side Story with Natalie Woods 7:00 Movie TR 
19 10-11 Coffee Hour ML 1:30 ABC Bingo BA 1:30-2:30 Water Aerobic IP 5:30 Touro Dinner-R B'nai Emunah DON'T MISS OUT!	20 9:00 Waist Watchers FC 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	21 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:30-3:00 Beginner Aquatics IP 2:30 Travel Video-The Ghost Army BA 6:45 News with Jacob Howland BA	22 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30 Cocktails BA 3:30-4:15 Water Aerobics	23 10-11 Tai Chi BA 10:30 Myths w/ Jan TR 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 6:30 Game Night GR	24 9:00 Waist Watchers Walk ML 10:00 Strength & Balance BA 10:00 Wal-Mart IND 4:30 Cocktails ML 1:30 NO EXERCISE	25 SABBATH 7:00 Movie
26 10-11 Coffee Hour ML 1:30-2:30 Water Aerobics IP	27 5:00 Memorial Day BBQ  DON'T MISS OUT!	28 9:30 Trip to Gilcrease Museum and Lunch 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 1:00 Bible Study TR 2:30-3:00 Beginner Aquatics IP 4:00 Guest Speaker Mayor Bynum BA 6:45 Entertainment with/Velvet Moon-Denise, Mick and Kara BA DON'T MISS OUT!	29 10-10:30 Strength & Balance BA 11:00 Discussion Group AS 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP	30 10-11 Tai Chi BA 10:30 Review of Tulsa's Lost Restaurants w/ Jan TR 10:30-11:30 Water Aerobics IP 1:30 Study Group w/Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 6:30 Game Night GR	31 9:00 Waist Watchers Walk ML 10-10:30 Strength & Balance BA 10:00 Wal-Mart IND 1:30-2 Exercise BA 4:30 Cocktails ML	