

## LIVE ENTERTAINMENT

March 10 at 6:30pm  
TULSA SYMPHONY  
Burnstein Auditorium



March 17 at 6:45pm  
"WHY I THINK WE'RE ALL IRISH"  
with Connie Cronley  
Burnstein Auditorium



March 24 at 6:45pm  
MUSICAL GUEST –  
DON IRWIN  
Burnstein Auditorium



March 31 at 6:45pm  
BOOK REVIEW & BOOK SIGNING  
"Four Days and a Year Later"  
with Barry Friedman  
Burnstein Auditorium



# MARCH 2020

SUNDAY	MONDAY	TUESDAY
<b>1</b> 10-11 Coffee Hour ML 1:30-2:30 Water Aerobics IP 1:30 Opera R Madama Butterfly 2:00 Movie TR <b>A Family Man</b> with Gerard Butler	<b>2</b> 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2-2:30 Line Dance Class BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP 7:00 Adult Institute R	<b>3</b> 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 1:30 Entertainment with Denise Hoey BA 2:30-3:00 Aqua Endurance IP 6:45 Movie and Popcorn BA <b>Wish Man</b> with Andrew Steel
<b>8</b> 10-11 Coffee Hour ML 10:30 Brunch IND Waterfront Grill 1:30-2:30 Water Aerobics IP 2:00 Movie TR <b>On Request</b>	<b>9</b> 10-10:30 Strength & Balance BA 10:30 Town Meeting BA 1:30-2:00 Exercise BA 1:30 Bible Study BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	<b>10</b> 10-11 Tai Chi BA 10:00 Shopping-Walgreens 10:30-11:30 Water Aerobics IP 1:30 AL Trip 3:30 Entertainment with Pat Hobbs BA 2:30-3:00 Aqua Endurance IP 6:30 Tulsa Symphony BA BIRTHDAY DINNER
<b>15</b> 10-11 Coffee Hour ML 1:30-2:30 Water Aerobics IP 2:00 Movie TR <b>On Request</b>	<b>16</b> 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2-2:30 Line Dance Class BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	<b>17</b> 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 11:00 Virtual Reality w/Randy 3:30 Music w/John Orsulak BA 2:30-3:00 Aqua Endurance IP 6:45 "Why I Think We're All Irish" with Connie Cronley BA
<b>22</b> 10-11 Coffee Hour ML 1:30-2:30 Water Aerobics IP 2:00 Movie TR <b>Running for Grace</b> with Ryan Potter	<b>23</b> 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30 Bible Study L 1:30-2:00 Exercise BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	<b>24</b> 10 Trip to Mother Road Market 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 6:45 Entertainment with Don Irwin BA
<b>29</b> 10-11 Coffee Hour ML 1:30-2:30 Water Aerobics IP 2:00 Movie BA <b>Country Strong</b> with Gwyneth Paltrow	<b>30</b> 10-10:30 Strength & Balance BA 10:30 Crossword L 1:30-2:00 Exercise BA 2-2:30 Line Dance Class BA 2:30-3:00 Healthy Spine IP 3:00 Fireside Tea & Chat ML 3:30-4:15 Water Aerobics IP	<b>31</b> 10-11 Tai Chi BA 10:30-11:30 Water Aerobics IP 2:30 Documentary BA Betty White—First Lady of Television 6:45 Book Review & Book Signing "Four Days and a Year Later" with Barry Friedman BA

Reservations can be made by calling Carol Stanley at 918-493-8333 Ext. 241 or using the sign-up sheet by the mailboxes.

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>4</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10-12 Olli Class R 11:00 Discussion Group AS 1:30 Exercise BA 1-3 Olli Class R 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP	<b>5</b> 10-11 Tai Chi BA 10:30 Guys and Gals L 10:30-11:30 Water Aerobics IP 1:30 Study Group with Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 6:30 Game Night GR	<b>6</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10:00 Walmart IND 1:30-2 Exercise BA 2:00 Flyswatter Volley Ball BA 3:00 Shabbat Service HC 4:30 Cocktails ML 7:30 Temple Israel Shabbat Service VIA Live BA	<b>7</b> SABBATH 2:00 Movie TR <b>The Saint</b> with Val Kilmer 7:00 Movie TR
<b>11</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10-12 Olli Class R 11:00 Discussion Group AS 1:30 Exercise BA 1-3 Olli Class R 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Cocktails BA	<b>12</b> 10-11 Tai Chi BA 10:30 Trivia L 10:30-11:30 Water Aerobics IP 1:30 Study Group with Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 6:30 Game Night GR	<b>13</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10:00 Trifecta Shopping IND Trader Joe's, Walmart Market and Reasor's-41st and Peoria 1:30-2 Exercise BA 2:00-3 Games GR 3:00 Shabbat Service HC 4:30 Cocktails M 7:30 Temple Israel Shabbat Service VIA Live TR	<b>14</b> SABBATH 2:00 Movie TR <b>It Takes Two</b> with Kirstie Alley 7:00 Movie TR
<b>18</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10-12 Olli Class R 11:00 Discussion Group AS 1:30 Exercise BA 1-3 Olli Class R 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP	<b>19</b> 9:30 Casino and Lunch IND 10-11 Tai Chi BA 10:30 Brain Games L 10:30-11:30 Water Aerobics IP 1:30 Diabetes Education Program BA 1:30 Study Group with Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 4:00 Emergency Response Plan with Bobby Patterson BA 6:30 Game Night GR	<b>20</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10:00 Walmart IND 1:30-2 Exercise BA 2:00 Jewelry Making AS 3:00 Shabbat Service HC 4:30 Cocktails M	<b>21</b> SABBATH 2:00 Movie TR <b>Indiana Jones Raiders of the Ark</b> with Harrison Ford 7:00 Movie TR
<b>25</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10-12 Ollie Class R 11:00 Discussion Group AS 1:30 Exercise BA 1-3 Olli Class R 2:30-3:00 Healthy Spine IP 3:30-4:15 Water Aerobics IP 3:30 Cocktails BA	<b>26</b> 10-11 Tai Chi BA 10:00 The Epic History of Everyday Things TR 10:30-11:30 Water Aerobics IP 1:30 Study Group with Rabbi Kaiman AS 2:30-3:00 Beginner Aquatics IP 6:30 Game Night GR	<b>27</b> 9-9:45 Fall Prevention BA 10-10:30 Strength & Balance BA 10:00 Walmart IND 1:30-2 Exercise BA 3:00 Shabbat Service HC 4:30 Cocktails ML 6:15 Shabbat Service with Rabbi Weinstein BA	<b>28</b> SABBATH 2:00 Movie TR <b>As Good As It Gets</b> with Jack Nicholson 7:00 Movie TR
<b>HAPPY BIRTHDAY</b> Nancy F. 3/02 Hank L. 3/02 Jean W. 3/04 Charlotte T. 3/08 Peck K. 3/09 Pat O 3/12 Judy Gayle W. 3/16 Norma E. 3/19 Don R. 3/31	AS—Art Studio BA—Burnstein Auditorium D—Doug's Restaurant GR—Game Room AL—Assisted Living	IP—Indoor Pool L—Library ML—Manor Lobby S—Synagogue TR—Theater Room R—ESERVATIONS ONLY	<b>POOL HOURS</b> MONDAY—FRIDAY: 9:00-4:30 CLOSED FOR LUNCH: 12-12:45 SATURDAY: Closed SUNDAY: 1:30-2:30

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at [rcogburn@zarrowpointe.org](mailto:rcogburn@zarrowpointe.org).