

NOVEMBER 2020

"We must find the time to stop and thank the people who make a difference in our lives."

—JOHN F. KENNEDY



SUNDAY	MONDAY	TUESDAY
<p>1</p> <p>10:00 Games GR</p> <p>2:00 Movie How Do You Know with Reese Witherspoon TR</p>	<p>2</p> <p>10:00-10:30 Strength and Balance BA</p> <p>10:00 Fall Trip</p> <p>11:00 Toe Tapping with Merri Beth BA</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>3</p> <p>10:00-11:00 Tai Chi BA</p> <p>1:00 Musical BA Les Miserables Live at the O2 London</p>
<p>8</p> <p>10:00 Games GR</p> <p>2:00 Musical BA Pride and Prejudice</p>	<p>9</p> <p>10:30 Town Meeting BA & Z</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>10</p> <p>10:00-11:00 Tai Chi BA</p> <p>1:30 Movie BA Hidden Figures with Taraji Henson</p>
<p>15</p> <p>10:00 Games GR</p> <p>2:00 Movie TR Enola Holmes with Millie Bobby Brown</p>	<p>16</p> <p>10:00-10:30 Strength and Balance BA</p> <p>11:00 Toe Tapping with Merri Beth BA</p> <p>10:30 Crossword L</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>17</p> <p>9:30-11:00 Voter Registration GR</p> <p>10:00-11:00 Tai Chi BA</p> <p>1:30 Musical BA "Oklahoma" Live at the Royal Albert Hall</p>
<p>22</p> <p>10:00 Games GR</p> <p>2:00 Movie TR Arthur with Helen Mirren</p>	<p>23</p> <p>10:00-10:30 Strength and Balance BA</p> <p>10:30 Crossword L</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>24</p> <p>10:00-11:00 Tai Chi BA</p> <p>1:30 Movie BA The Blindside with Sandra Bullock BA</p>
<p>29</p> <p>10:00 Games GR</p> <p>2:00 Movie TR Annie with Kathy Bates</p>	<p>30</p> <p>10:00-10:30 Strength and Balance BA</p> <p>10:30 Crossword L</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	

FRIDAYS IN NOVEMBER

10:00 am - in the THEATER

11/06 - RUTH BADER GINSBURG



Her Legacy & the Court's Future

11/13 - CLARA BARTON



An American Woman of Achievement
Founder of the American Red Cross

11/20 - ROSA PARKS



The First Lady of Civil Rights

Reservations can be made by calling Carol Stanley at 918-493-8333 Ext. 241 or using the sign-up sheet by the mailboxes.

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																				
<p>4</p> <p>10:00-10:30 Strength and Balance BA</p> <p>11:00 Discussion Group TR&Z</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>5</p> <p>10:00 Tai Chi BA</p> <p>10:30 Guys and Gals L</p> <p>1:30 Study Group with Rabbi Kaiman TR&Z</p>	<p>6</p> <p>10:00 People we are Thankful for - Ruth Bader Ginsburg TR</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p> <p>3:00 Afternoon Tunes BA</p>	<p>7</p> <p>SABBATH</p>																				
<p>11</p> <p>10:00-10:30 Strength and Balance BA</p> <p>11:00 Discussion Group TR&Z</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>12</p> <p>10:00-11:00 Tai Chi BA</p> <p>10:30 Trivia L</p> <p>1:30 Study Group with Rabbi Kaiman</p>	<p>13</p> <p>10:00 People we are Thankful for - Clara Barton TR</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p> <p>3:00 Afternoon Tunes BA</p>	<p>14</p> <p>SABBATH</p>																				
<p>18</p> <p>10:00-10:30 Strength and Balance BA</p> <p>11:00 Discussion Group TR&Z</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>19</p> <p>10:00-11:00 Tai Chi BA</p> <p>10:30 Brain Games L</p> <p>1:30 Study Group with Rabbi Kaiman TR&Z</p>	<p>20</p> <p>10:00 People we are Thankful for - Rosa Parks TR</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p> <p>3:00 Afternoon Tunes BA</p>	<p>21</p> <p>SABBATH</p>																				
<p>25</p> <p>10:00-10:30 Strength and Balance BA</p> <p>11:00 Discussion Group TR&Z</p> <p>1:30 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>26</p> 	<p>27</p> <p>1:30-2:00 Exercise BA</p> <p>2:00 Balloon Swat BA</p>	<p>28</p> <p>SABBATH</p>																				
<p>HAPPY BIRTHDAY</p> <table border="0"> <tr> <td>Hi C.</td> <td>Nov. 6th</td> </tr> <tr> <td>Pam Y.</td> <td>Nov. 11th</td> </tr> <tr> <td>Betty A.</td> <td>Nov. 16th</td> </tr> <tr> <td>Isabel S.</td> <td>Nov. 19th</td> </tr> <tr> <td>Ben W.</td> <td>Nov. 19th</td> </tr> <tr> <td>Grace R.</td> <td>Nov. 20th</td> </tr> <tr> <td>John S.</td> <td>Nov. 21st</td> </tr> <tr> <td>Rita A.</td> <td>Nov. 24th</td> </tr> <tr> <td>Barbara D.</td> <td>Nov. 25th</td> </tr> <tr> <td>Norma H.</td> <td>Nov. 25th</td> </tr> </table>	Hi C.	Nov. 6th	Pam Y.	Nov. 11th	Betty A.	Nov. 16th	Isabel S.	Nov. 19th	Ben W.	Nov. 19th	Grace R.	Nov. 20th	John S.	Nov. 21st	Rita A.	Nov. 24th	Barbara D.	Nov. 25th	Norma H.	Nov. 25th	<p>AS - Art Studio</p> <p>BA - Burnstein Auditorium</p> <p>C - Café</p> <p>GR - Game Room</p> <p>AL - Assisted Living</p> <p>Z - Connect By Zoom</p>	<p>IP- Indoor Pool</p> <p>L- Library</p> <p>ML- Manor Lobby</p> <p>S- Synagogue</p> <p>TR- Theater Room</p> <p>R- RESERVATIONS ONLY</p>	<p>POOL HOURS:</p> <p>Monday - Friday 9:00 - 4:30</p> <p>Closed For Lunch 12-12:45</p> <p>Saturday Closed</p> <p>Sunday Closed</p>
Hi C.	Nov. 6th																						
Pam Y.	Nov. 11th																						
Betty A.	Nov. 16th																						
Isabel S.	Nov. 19th																						
Ben W.	Nov. 19th																						
Grace R.	Nov. 20th																						
John S.	Nov. 21st																						
Rita A.	Nov. 24th																						
Barbara D.	Nov. 25th																						
Norma H.	Nov. 25th																						

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at rcogburn@zarrowpointe.org.