## LESSONS from Nature

## **JANUARY 2021**

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SUNDAY	MONDAY	TUESDAY
POOL HOURS: Monday - Friday 9:00 - 4:30 Closed For Lunch 12-12:45 Saturday Closed Sunday Closed	AS - Art Studio BA - Burnstein Auditorium C - Café GR - Game Room AL - Assisted Living Z - Connect By Zoom	IP- Indoor Pool L- Library ML- Manor Lobby S- Synagogue TR- Theater Room R- RESERVATIONS ONLY
3 2:00 Movie BA Secretariat with Diane Lane	4 10:00-10:30 Strength and Balance BA 10:30 Crossword BA 1:30-2:00 Exercise BA	5 10:00-11:00 Tai Chi BA 1:30 Movie BA Phantom of the Opera 25th Anniversary-Royal Albert Hall
2:00 Movie BA The Princess Diaries with Julie Andrews	11 10:30 Town Meeting BA & Z 1:30-2:00 Exercise BA	12 10:00-11:00 Tai Chi BA 1:30 Movie BA Andrew Lloyd Webber's-Love Never Dies
17 2:00 Movie BA Ride Like a Girl with Teresa Palaces	18 10:00-10:30 Strength and Balance BA 10:30 Crossword BA 1:30-2:00 Exercise BA	19 10:00-11:00 Tai Chi BA 1:30 Movie BA Aladdin with Will Smith
24 2:00 Movie BA Morning Glory with Harrison Ford  31 2:00 Movie BA The Princess	25 10:00-10:30 Strength and Balance BA 10:30 Crossword BA 1:30-2:00 Exercise BA	26 10:00-11:00 Tai Chi BA 1:30 Movie BA Mr. Holland's Opus with Richard Dreyfuss

FRIDAYS IN JANUARY
10:00 am - in the BURNSTEIN

01/08- My Octopus Teacher



01/15 - Frozen Worlds



01/22 - Forests



01/29 - A Life on Our Planet



Reservations can be made by calling Carol Stanley at 918-493-8333 Ext. 241 or using the sign-up sheet by the mailboxes.

Diaries 2 with Julie Andrews

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Bill O. Jan. 2 Ray B. Jan. 9 Mary Lou S. Jan. 13 Barbara R. Jan. 14 Adriana B. Jan. 15 Sally M. Jan. 16 Dale D. Jan. 17 Grace L. Jan. 20 Jim R. Jan. 23 Oon K. Jan. 29		1 HAPPY NEW YEAR'S NO ACTIVITIES	2 SABBATH
6 10:00-10:30 Strength and Balance BA 11:00 Discussion Group TR&Z 1:30-2:00 Exercise BA	7 10:00-11:00 Tai Chi BA 1:30 Movie BA Phantom of the Opera 25th Anniversary-Royal Albert Hall	8 10:00 Lessons from Nature: My Octopus Teacher BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA	9 SABBATH
13 10:00-10:30 Strength and Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA	14 10:00-11:00 Tai Chi BA 1:30 Movie BA Andrew Lloyd Webber's-Love Never Dies	15 10:00 Lessons from Nature: Frozen Worlds BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA	<b>16</b> SABBATH
20 10:00-10:30 Strength and Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA	21 10:00-11:00 Tai Chi BA 1:30 Jeopardy BA	10:00 Lessons from Nature: Forests BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA	23 SABBATH
27 10:00-10:30 Strength and Balance BA 10:30 Discussion Group BA&Z 1:30-2:00 Exercise BA	28 10:00-11:00 Tai Chi BA 10:30 Jeopardy BA	10:00 Lessons from Nature: A Life on Our Planet with David Attenborough BA 1:30-2:00 Exercise BA 3:00 Afternoon Tunes BA	30 SABBATH

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at rcogburn@zarrowpointe.org.