

JULY 2021

AS – Art Studio

BA – Burnstein Auditorium

C – Café

GR – Game Room



JEWISH GENEALOGY & HISTORY LECTURE SERIES

WITH

PHIL GOLDFARB

FRIDAYS IN JULY

10am - Burnstein Auditorium

Part 1 - 07/02

Traveling to America in
Steerage & Whether to
Admit or Deport our
Ancestors

Part 2 - 07/09

The Migration of Jews to
Oklahoma

Part 3 - 07/16

Jewish Surnames

Part 4 - 07/23

Passports: The History of
Passports & Passport
Applications

Part 5 - 07/30

Jewish Gangsters in Early
20th Century U.S.

SUNDAY	MONDAY	TUESDAY
HAPPY BIRTHDAY Joe S. 7/5 Connie S. 7/20 Franklin M. 7/6 Jeffery L. 7/22 Bob D. 7/7 Peggy C. 7/22 Marilyn S. 7/9 Mary S. 7/26 Abu A. 7/10 John S. 7/27 Tommie K. 7/13 Jyo U. 7/27 Mary H. 7/28		POOL HOURS: Monday-Friday 9:00-4:30 Closed For Lunch 12-12:45 Saturday Closed Sunday Closed
4 2:00 Movie, "The Week Of" with Adam Sandler TR	5 NO ACTIVITIES	6 9:00-9:45 S.A.I.L. Exercise Class BA 10:00-11:00 Tai Chi BA 2:00 Music: John Orsulak BA
11 2:00 Movie, "The Whole Truth" with Keanu Reeves TR	12 10:00 Shopping at Reasor's and Whole Foods IND 10:30 Town Meeting BA&Z 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00-3:45 Water Aerobics Class IP 4:00 Book Club L	13 9:00-9:45 S.A.I.L. Exercise Class BA 10:00-11:00 Tai Chi BA 1:30 Movie, "Play The Game" with Andy Griffith BA
18 2:00 Movie, "The Life Ahead" with Sophia Loren TR	19 10:00-10:30 Strength & Balance BA 10:00 Walmart Neighborhood Market IND 10:30 Crossword TR 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00-3:45 Water Aerobics Class IP 3:30 Line Dancing BA	20 9:00-9:45 S.A.I.L. Exercise Class BA 10:00-11:00 Tai Chi BA 1:30 Music: Cherry and Jerry BA
25 2:00 Movie, "The Secret Dare to Dream" with Katie Holmes TR	26 10:00-10:30 Strength & Balance BA 10:00 Walmart Supercenter IND 10:30 Crossword TR 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00-3:45 Water Aerobics Class IP	27 9:00-9:45 S.A.I.L. Exercise Class BA 10:00-11:00 Tai Chi BA 2:00 Musical: "Peter Pan" with Cathy Rigby BA

AL - Assisted Living
Z - Connect By Zoom

GR - Game Room
IP- Indoor Pool

L- Library
ML- Manor Lobby

S- Synagogue
TR- Theater Room

R- RESERVATIONS ONLY

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00-9:45 S.A.I.L. Exercise Class BA 10:00-11:00 Tai Chi BA 10:30 Jeopardy TR 1:30 Drum Exercise BA	2 10:00 Lecture Series: Part 1 BA 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA	3 SABBATH 2:00 Movie, "By The Sea" with Angelina Jolie TR
7 10:00-10:30 Strength & Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00-3:45 Water Aerobics Class IP	8 9:00-9:45 S.A.I.L. Exercise Class BA 10:00-11:00 Tai Chi BA 10:30 Trivia TR 1:30 Drum Exercise BA	9 10:00 Lecture Series: Part 2 BA 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA	10 SABBATH 2:00 Movie, "K-911" with Jim Belushi TR
14 10:00-10:30 Strength & Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00-3:45 Water Aerobics Class IP 3:00 "The Prevention and Treatment of Osteoporosis" Presented by Lindsey Morris and Dr. Keith Stanley BA	15 9:00-9:45 S.A.I.L. Exercise Class BA 10:00-11:00 Tai Chi BA 10:30 Crossword TR 1:30 Drum Exercise BA	16 10:00 Lecture Series: Part 3 BA 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA	17 SABBATH 2:00 Movie, "State of Play" with Russell Crowe TR
21 10:00-10:30 Strength & Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00-3:45 Water Aerobics Class IP 7:00 Michele Miller Dill "Make Mine Music" BA	22 9:00-9:45 S.A.I.L. Exercise BA 10:00-11:00 Tai Chi BA 10:30 Brain Games TR 1:30 Drum Exercise BA	23 10:00 Lecture Series: Part 4 BA 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA	24 SABBATH 2:00 Movie, "The Zookeeper's Wife" with Jessica Chastain TR
28 10:00-10:30 Strength & Balance BA 11:00 Discussion Group BA&Z 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00-3:45 Water Aerobics Class IP	29 9:00-9:45 S.A.I.L. Exercise BA 10:00-11:00 Tai Chi BA 10:30 Bingo L 1:30 Drum Exercise BA	30 10:00 Lecture Series: Part 5 BA 1:30-2:00 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA	31 SABBATH 2:00 Movie, "Candy Jar" with Helen Hunt TR

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at rcogburn@zarrowpointe.org.