

OCTOBER 2021

AS - Art Studio

C - Café

BA - Burnstein Auditorium

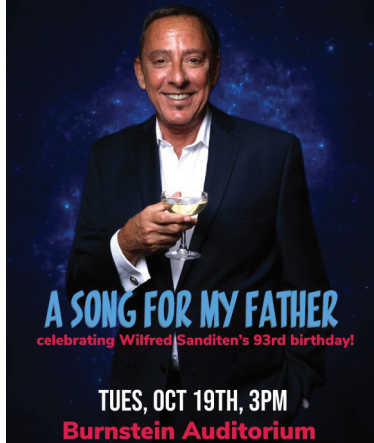
GR - Game Room

LIVE Music



DAVID & KEN
TUES, OCT 5TH, 2PM


HAROLD SANDITEN



TUES, OCT 19TH, 3PM
Burnstein Auditorium



DENISE HOEY
TUES, OCT 26TH, 1:30PM

| SUNDAY | MONDAY | TUESDAY |
|---|--|---|
|  Phil A. 10/3 John S. 10/15 Gloria E. 10/3 Faye R. 10/26 Vicki H. 10/13 Will S. 10/20 Jack F. 10/14 Jerry P. 10/26 | POOL HOURS: Monday - Friday 9:00 - 4:30 Closed For Lunch 12-12:45 Saturday Closed Sunday Closed | |
| 3 2:00 Movie, "The Lady in the Van" with Maggie Smith TR | 4 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP | 5 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 2:00 Entertainment with David and Ken BA |
| 10 2:00 Movie, "A Civil Action" with John Travolta TR | 11 10:30 Town Meeting BA&Z 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP 3:30 Book Club L | 12 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 1:30 Movie: "In the Heights" with Anthony Ramos BA |
| 17 2:00 Movie, "When the Bell Tolls" with Brad Harris TR | 18 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP | 19 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 3:00 "A Song For My Father" with Harold |
| 24 2:00 Movie, "I'll See You in My Dreams" with Blythe Danner TR | 25 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP | 26 9:00 S.A.I.L. Exercise Class BA Fall Foliage Trip - R 10:00 Tai Chi BA 1:30 Entertainment with Denise Hoey BA |
| 31 2:00 Movie, "Charlie Wilson's War" with Tom Hanks TR | | |

AL - Assisted Living
Z - Connect By Zoom

GR - Game Room
IP- Indoor Pool

L- Library
ML- Manor Lobby

S- Synagogue
TR- Theater Room

R- RESERVATIONS ONLY

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|
| | | 1 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA | 2 SABBATH 2:00 Movie, "The Net" with Sandra Bullock TR |
| 6 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP 3:30 Jacob Howland BA | 7 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 10:00 Outing to Carmichael's Pumpkin Patch - R 2:00 Pumpkin Painting AS | 8 10:00 Shopping at Reasor's and Whole Foods IND 1:30 Exercise BA 2:00 Balloon Swat BA 4:00 Cocktail Hour ML | 9 SABBATH 2:00 Movie, "The Sum of All Fears" with Ben Affleck TR |
| 13 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP 3:30 Keith Elder with Tulsa Symphony BA | 14 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 10:30 Trivia TR Afternoon Movie at Circle Cinema - TBA | 15 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA | 16 SABBATH 2:00 Movie, "The Terminal" with Tom Hanks TR |
| 20 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP | 21 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 10:30 Jeopardy TR 2:00 Craft with Julie AS 5:00 Trivia Night with Pizza BA | 22 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA | 23 SABBATH 2:00 Movie, "Space Cowboys" with Clint Eastwood TR |
| 27 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP 7:00 Tulsa Opera "Traveling Voices" BA | 28 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 10:00 "Simon Waranch Glass Exhibit" - Sherwin Miller Museum of Art - R 1:30 Fishing Trip - R | 29 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Afternoon Tunes BA 6:30 Shabbat Service with Cantor Weinstein BA | 30 SABBATH 2:00 Movie, "Miss Sloane" with Jessica Chastain TR |

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at rcogburn@zarrowpointe.org.