

DECEMBER 2021

AS – Art Studio

C – Café

BA – Burnstein Auditorium

GR – Game Room



“There are two ways of spreading light: to be the candle or the mirror that reflects it.”

Edith Wharton

“We are told to let our light shine, and if it does, we won’t need to tell anybody it does. Lighthouses don’t fire cannons to call attention to the shining—they just shine.”


Dwight L. Moody

“The more light you allow within you the brighter the world you live in will be.”

Shakti Gawain

Have a poem or special short story you would like to share? We would love to hear from you!

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SUNDAY	MONDAY	TUESDAY
 <p>Sam S. 12/1 Laura T. 12/15 Ann C. 12/3 Mashrufa A. 12/15 Yolanda C. 12/10 Helen G. 12/15 Anne W. 12/12 Barbara W. 12/17 Tony F. 12/26</p>	<p>POOL HOURS: Monday - Friday 9:00 - 4:30 Closed For Lunch 12-12:45 Saturday Closed Sunday Closed</p>	
<p>5 2:00 Movie, “Love, Lights, Hanukkah” with Mia Kirshner TR</p>	<p>6 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP</p>	<p>7 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 3:00 Music with David Horne and Ken Ackley BA</p>
<p>12 2:00 Movie, “The Holiday” with Cameron Diaz</p>	<p>13 10:30 Town Meeting BA&Z 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP 3:30 Book Club L</p>	<p>14 9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 1:30 Movie: “White Christmas” with Bing Crosby BA</p>
<p>19 2:00 Movie, “Mistletoe & Menorahs” with Kelly Jakle TR</p>	<p>20 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP</p>	<p>21 10:00 Tai Chi BA 2:00 Music with T-Town Ukes BA 4:00 Cocktail Hour BA</p>
<p>26 2:00 Movie, “Official Secrets” with Keira Knightley TR</p>	<p>27 10:00 Strength & Balance BA 10:30 Crossword TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP</p>	<p>28 10:00 Tai Chi BA 1:30 Movie, “The Hero” with Sam Elliott BA</p>

AL - Assisted Living
Z - Connect By Zoom

GR - Game Room
IP - Indoor Pool

L - Library
ML - Manor Lobby

S - Synagogue
TR - Theater Room

R - RESERVATIONS ONLY

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP</p>	<p>2</p> <p>9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 10:30 Holiday Craft with Julie AS 1:30 Holiday Drum Exercise BA 7:00 Light Tour, Hot Chocolate and Cookies IND</p>	<p>3</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>4</p> <p>SABBATH</p> <p>2:00 Movie, "Holiday In The Wild" with Rob Lowe TR</p>
<p>8</p> <p>10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP 6:30 Light Tour, Hot Chocolate, and Cookies AL</p>	<p>9</p> <p>9:00 S.A.I.L. Exercise Class BA 10:00 Tai Chi BA 10:30 Trivia 2:00 Fireside Chat and Tea ML</p>	<p>10</p> <p>10:00 Shopping at Reasor's and Whole Foods IND 1:30 Exercise BA 2:00 Balloon Swat BA 4:00 Cocktail Hour ML</p>	<p>11</p> <p>SABBATH</p> <p>2:00 Movie, "It's a Wonderful Life" with James Stewart TR</p>
<p>15</p> <p>10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP</p>	<p>16</p> <p>9:30 Trip to Cookies, Cakes, and Jews 10:00 Tai Chi BA 1:30 Holiday Drum Exercise BA</p>	<p>17</p> <p>10:30 TCC Signature Quartet BA 1:30 Exercise BA 1:30 Wal-Mart Neighborhood Market IND 2:00 Balloon Swat BA</p>	<p>18</p> <p>SABBATH</p> <p>2:00 Movie, "One Special Night" with Julie Andrews TR</p>
<p>22</p> <p>10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP</p>	<p>23</p> <p>10:00 Walmart Neighborhood Market IND 10:00 Tai Chi BA 10:30 Winter Tales TR 2:00 Fireside Chat and Tea ML</p>	<p>24</p> <p>NO ACTIVITIES</p>	<p>25</p> <p>NO ACTIVITIES</p>
<p>29</p> <p>10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Water Aerobics Class IP</p>	<p>30</p> <p>10:00 Walmart Neighborhood Market IND 7:00-9:00 New Years Party - Entertainment with David Horne and Friends BA</p>	<p>31</p> <p>NO ACTIVITIES</p>	

If you would like to receive email notifications of special events not listed or changes to scheduled activities, email your contact information to Randy Cogburn at rcogburn@zarrowpointe.org.