




JULY 2023	SUNDAY	MONDAY	TUESDAY
<b>DON'T MISS OUT!</b>  4th – Movie: Independence Day  6th – Documentary: Anne Frank: Parallel Stories  6th – Let's Go to the Races!  11th – CPR Training with Randy  13th – Senior Line Dancing Lesson with Charlotte Brown  13th – Bingo!  14th – Guest Speaker: Phil Goldfarb "The History of Antisemitism"  18th – Making Homemade Ice Cream  20th – Documentary: Neil Armstrong's First Step on the Moon  23rd – Tulsa Indian Club PowWow  25th – Live Music: Jon Glazer, Pat Savage, and Mary Cogan  27th Movie: "Oppenheimer" at Circle Cinema  30th International Friendship Day  <hr/> AL – Assisted Living AS– Art Studio BA – Burnstein Auditorium GR – Game Room IND – Independent Living IP – Indoor Pool L – Library ML – Manor Lobby S – Synagogue TR – Theater Room R – Reservations Only			
	<b>2</b> 10:15 Games GR 2:00 Movie, "Hidden Figures" with Taraji P. Henson TR	<b>3</b> 10:30 Crossword AS 1:30 Exercise BA 2:00 Balloon Swat BA <b>NO CORE FITNESS OR STRENGTH &amp; BALANCE</b>	<b>4</b> 2:15 Movie, "Independence Day" with Will Smith TR  
	<b>9</b> 10:15 Games GR 2:00 Movie, "The Curious Case of Benjamin Button" with Brad Pitt TR	<b>10</b> 10:30 Town Meeting BA 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Book Club, "All the Light We Cannot See" L	<b>11</b> 10:00 Tai Chi BA 11:00 Trivia with Randy L 3:00 CPR Training with Randy  Birthday Celebration Following Dinner in the Dining Room
	<b>16</b> 10:15 Games GR 2:00 Movie, "Glass Onion A Knives Out Mystery" with Daniel Craig TR	<b>17</b> 9:30 CORE Fitness BA 10:00 Strength & Balance BA 10:30 Crossword AS 1:30 Exercise BA 2:00 Balloon Swat BA	<b>18</b> 10:00 Tai Chi BA 11:00 Trivia with Randy L 1:30 Making Homemade Ice Cream AS
	<b>NATIONAL ICE CREAM DAY</b>		
	<b>23</b> 10:15 Games GR 2:00 Movie, "Jerry Maguire" TR Tulsa Indian Club PowWow – TBA	<b>24</b> 9:30 CORE Fitness BA 10:00 Strength & Balance BA 10:30 Crossword AS 1:30 Exercise BA 2:00 Balloon Swat BA	<b>25</b> 10:00 Tai Chi BA 11:00 Trivia with Randy L 2:00 Live Music: Jon Glazer, Pat Savage, and Mary Cogan BA
	<b>30</b> 10:15 Games GR 2:00 Movie, Steel Magnolias" TR <b>INTERNATIONAL FRIENDSHIP DAY</b>	<b>31</b> 9:30 CORE Fitness BA 10:00 Strength & Balance BA 10:30 Crossword AS 1:30 Exercise BA 2:00 Balloon Swat BA	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>POOL HOURS:</b> Monday – Friday 9:00 – 4:30 Closed for Lunch 12:00 – 12:45 Saturday Closed Sunday 11:00 – 12 :30 1:00 – 3:00	 Franklin M. 7/6      Jeffrey L. 7/22 Bob D. 7/7      Fannie E. 7/24 Marilyn S. 7/9      Bob B. 7/25 Connie N. 7/9      John S. 7/27 Ross D. 7/16      Jyo U. 7/27 Vicki F. 7/19      Donna S. 7/27 Connie S. 7/20      Gini H. 7/28 Peggy C. 7/22	<b>1</b> <b>SABBATH</b>  2:00 Movie, "The Railway Man" with Colin Firth and Nicole Kidman TR
<b>5</b> 9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA	<b>6</b> 8:00 Bible Reading Group AS 10:00 Tai Chi BA 11:00 & 1:30 Brain Enrichment L 11:15-12:15 Bookmobile ML 3:00 Documentary: "Anne Frank Parallel Stories" BA 6:00 Let's Go to the Races! IND	<b>7</b> 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA	<b>8</b> <b>SABBATH</b>  2:00 Movie, "On a Wing and a Prayer" with Dennis Quaid TR
<b>12</b> 9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA	<b>13</b> 8:00 Bible Reading Group AS 10:00 Tai Chi BA 2:00 Senior Line Dancing Lesson with Charlotte Brown BA 7:00 Bingo! BA	<b>14</b> 10:00 Guest Speaker: Phil Goldfarb "The History of Antisemitism" BA 1:30 Exercise BA 2:00 Balloon Swat BA 2:00 Shopping at Reasor's IND	<b>15</b> <b>SABBATH</b>  2:00 Movie, "A Beautiful Life" with Inga Ibsdotter TR
<b>19</b> 9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 11:00 Lunch & Learn at Synagogue IND R 1:30 Exercise BA 2:00 Balloon Swat BA	<b>20</b> 8:00 Bible Reading Group AS 10:00 Tai Chi BA 3:00 Documentary: "Neil Armstrong's First Step on the Moon" BA	<b>21</b> 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA	<b>22</b> <b>SABBATH</b>  2:00 Movie, "October Sky" with Jake Gyllenhaal TR
<b>26</b> 9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA	<b>27</b> 8:00 Bible Reading Group AS 10:00 Tai Chi BA Movie, "Oppenheimer" with Robert Downey Jr. at Circle Cinema – TBA	<b>28</b> 10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 4:00 Cocktail Hour ML 6:45 Shabbat Service with Cantor Weinstein BA	<b>29</b> <b>SABBATH</b>  2:00 Movie, "O Brother, Where Art Thou?" with George Clooney TR