



Sunshine and blue skies and springtime bouquets, light hearts and laughter and bright happy days. Dogwoods are blooming, young hatchlings appear, May is such a lovely time of year! - BlueMountain.com



## New Butterfly Garden

Residents at Zarrow Pointe are huge advocates for preserving our planet for generations to come. On April 15th, Villa residents, Joe (not pictured) and Connie Newell joined employee, Julie F., to plant a beautiful butterfly garden in the putting green courtyard. The garden will attract a variety of butterfly species, honey bees and hummingbirds which promote biodiversity and help support healthy ecosystems. The peaceful and serene environment of the garden will also provide a calming space for health care residents.

What do you call a butterfly with no wings?

A caterpillar.



**Guest Speaker: Marcel Binstock**

**Friday, May 3rd**

**3:30 p.m.**

**Burnstein Auditorium**

Zarrow Pointe resident Marcel Binstock will share the story of his family's escape from the Nazis during WWII.

Holocaust stories are vital testimonies that serve as poignant reminders of one of the darkest chapters in human history. They are not just narratives of suffering and loss; they are profound lessons that compel us to confront the depths of human depravity and the resilience of the human spirit.

Personal accounts provide a visceral connection to history, helping to humanize the past and engage future generations in meaningful dialogue about the consequences of hatred and indifference. By incorporating these stories into education curricula, museums, and commemorative events, we ensure that the lessons of the Holocaust are not forgotten and that its memory continues to inform our collective consciousness.

**Guest Speaker: Mieke Epps**

**Friday, May 10th**

**3:30 p.m.**

**Burnstein Auditorium**



Mieke Epps was five years old when the war on the Netherlands was officially over. She will share her family's story of Nazi occupation and the famous "Hunger Winter" from her memories and her parents' diary entries. She will also discuss how trauma has impacted her life and how she has learned to cope with that trauma.



## Lunchtime Travelers Program Tuesday, May 14th

The Lunchtime Travelers program will be done differently this month. At 1:00 p.m. in the Burnstein Auditorium, we will have a guest speaker share stories of his travels to Mexico. Over the past 28 years, Richard Smith has made annual trips to Mexico to build homes for needy families.

In the evening, we will have a special Mexican dinner in the dining room followed by entertainment and drinks (Mexican sodas, margaritas and Mexican beer) in the auditorium while listening to Mariachi Sto. Domingo Tulsa! Make sure to bring your passports to be stamped. Airline tickets and reservations are not required for this trip.

## Tulsa Klezmer Band

Thursday, May 2nd  
6:30 p.m.  
Burnstein Auditorium



Our very own Dr. David Hurewitz and some of his friends will perform Klezmer music in the Burnstein Auditorium to kick off the month of May.

## A New Leaf Plant Sale

Thursday, May 2nd  
11:00 a.m. - 1:00 p.m.  
Outside the Manor Lobby



Come pick out a plant or three to make your patio pop! **A New Leaf** will bring a variety of summer plants and flowers to purchase. Family members and employees are invited to shop as well.

## Zarrow Pointe Indoor Pool Make a Splash Program



This month, the Waters Aquatic Center will begin offering an incentive program to promote and encourage residents to spend time in our heated indoor pool. Come for a visit, gain points and earn prizes! The more you're in the pool the more you earn. So come make a splash with us!

## Ladies' Tea

Thursday, May 9th  
2:00 p.m.  
Burnstein Auditorium



Join your friends in a charming setting with dainty teacups clinking amidst laughter and chatter. Delicate pastries and finger sandwiches will adorn the tables, while soft music plays in the background. Sip Earl Grey and nibble on scones, creating memories amidst the tranquility of the afternoon. Please RSVP to the Activities Department by May 2nd.



## Broadway Senior Production of "Cinderella"

Thursday, May 16th  
2:00 p.m.  
Burnstein Auditorium

This year, with the help of Orbit Arts and the Tulsa Performing Arts Center Trust, LIFE Senior Services at Roma Berry Center for Seniors produced its very own Broadway senior musical theatre experience, "Cinderella, Sr." With a production crafted specifically for individual abilities and participation levels, those with all levels of interest and ability were encouraged to take part.