

August	SUNDAY	MONDAY	TUESDAY
<p><u>The Great Courses</u></p> <p>Ancient Civilizations of North America</p> <p><u>Course Overview</u></p> <p>Arriving in the 15th century and beyond, European explorers came to North America hoping to discover another civilization like those of the Maya or Inca to plunder. Not finding mountains of gold or silver, they saw no value in what they did find: myriad sophisticated cultures with hundreds of vibrant cities, roadways, canals, extensive trade networks, art, religious traditions, and thousands of earthen pyramids.</p> <p><u>August 5th</u></p> <ul style="list-style-type: none"> • The Unknown Story of Ancient North America • The First Human Migrations to the Americas <p><u>August 12th</u></p> <ul style="list-style-type: none"> • The Clovis Man • The Archaic Period: Diversity Begins <p><u>August 19th</u></p> <ul style="list-style-type: none"> • Medicine Wheels on the Great Plains • Poverty Pointe <p><u>August 26th</u></p> <ul style="list-style-type: none"> • The Origins of Mississippian Culture <hr/> <p>AL - Assisted Living AS- Art Studio BA - Burnstein Auditorium GR - Game Room IND - Independent Living IP - Indoor Pool L - Library ML - Manor Lobby DR - Dining Room TR - Theater Room R - Reservations Required</p>	<p>POOL HOURS:</p> <p>Monday, Wednesday & Friday 9:00 - 2:00</p> <p>Closed for lunch 12:00-1:00</p> <p>Tuesday & Thursday 1:00 - 3:00</p> <p>Saturday Closed</p> <p>Sunday 10:00 - 2:00</p>	<p>HAPPY BIRTHDAY</p> <p>Lonnie D. 8/6 Irene S. 8/23 Gary V. 8/6 Malcolm M. 8/23 Rick F. 8/6 Maggie H. 8/26 Gail H. 8/7 Joan G. 8/28 Del S. 8/8 Judy K. 8/29 Lois R. 8/15 Karen K. 8/31 Paula M. 8/22</p>	
	<p>4</p> <p>10:15 Games GR 2:00 Movie, "Our [Almost Completely True] Love Story" with Mariette Hartley TR</p>	<p>5</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 10:30 Crosswords AS 11:00 The Great Courses TR 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>6</p> <p>10:00 Tai Chi BA 11:00 Trivia with Randy L 2:00 Water Aerobics IP 3:00 Documentary, "The Gatekeepers" BA</p>
	<p>11</p> <p>10:15 Games GR 2:00 Movie, "The Perfect Game" with William Dear TR</p>	<p>12</p> <p>10:30 Town Meeting BA 11:00 The Great Courses TR 1:30 Exercise BA 2:00 Balloon Swat BA 3:00 Book Club, "The Berry Pickers" by Amanda Peters L</p>	<p>13</p> <p>10:00 Tai Chi BA 11:00 Trivia with Randy L 11:15 Lunch Outing: East Village Bohemian Pizzeria IND R 2:00 Water Aerobics IP 6:30 Tulsa Accordion Band BA</p> <p>Birthday celebration after dinner</p>
	<p>18</p> <p>10:15 Games GR 2:00 Movie, "Summer Camp" with Diane Keaton TR</p>	<p>19</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 10:30 Crossword AS 11:00 The Great Courses TR 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>20</p> <p>10:00 Tai Chi BA 11:00 Trivia with Randy L 2:00 Water Aerobics IP 3:30 Guest Speaker: Barry Friedman: "Jack Sh*t 2" BA</p>
	<p>25</p> <p>10:15 Games GR 2:00 Movie, "Return to Me" with Minnie Driver TR</p>	<p>26</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 10:30 Crossword AS 11:00 The Great Courses TR 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>27</p> <p>10:00 Tai Chi BA 11:00 Trivia with Randy L 2:00 Water Aerobics IP 6:30 Live Music with Pete 'N' Keely BA</p>

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>10:00 Tai Chi BA 2:00 Water Aerobics IP 3:30 Armchair Travelers: Jim J. presents "Italy" BA</p>	<p>2</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>3</p> <p>SABBATH</p> <p>2:00 Movie, "Mrs. Palfrey at the Claremont" with Joan Plowright TR</p>
<p>7</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>8</p> <p>10:00 Tai Chi BA 11:15-12:15 Bookmobile ML 2:00 Water Aerobics IP 2:00 Homemade Ice Cream ML</p>	<p>9</p> <p>10:00 Shopping at Reasor's IND 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>10</p> <p>SABBATH</p> <p>2:00 Documentary, "The Blue Angels" TR</p>
<p>14</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>15</p> <p>10:00 Tai Chi BA 2:00 Water Aerobics IP 3:30 Guest Speaker: Rodger Randle "Historic Tulsa" BA</p>	<p>16</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>17</p> <p>SABBATH</p> <p>2:00 Movie, "Saturday Night Fever" with John Travolta TR</p>
<p>21</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>22</p> <p>10:00 Tai Chi BA 1:00 Guest Speaker: Lori Fullbright "Cons, Frauds and Scams" BA 2:00 Water Aerobics IP</p>	<p>23</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 6:30 Shabbat Service with Cantor Weinstein BA</p>	<p>24</p> <p>SABBATH</p> <p>2:00 Movie, "I'll see you in my Dreams" with Blythe Danner TR</p>
<p>28</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:30 Exercise BA 2:00 Balloon Swat BA</p>	<p>29</p> <p>10:00 Tai Chi BA 1:00 Outing: River Spirit Casino IND R 2:00 Water Aerobics IP</p>	<p>30</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Exercise BA 2:00 Balloon Swat BA 4:00 Cocktail Hour BA</p>	<p>31</p> <p>SABBATH</p> <p>2:00 Movie, "American Underdog" with Zachary Levi TR</p>