





February	SUNDAY	MONDAY	TUESDAY
<p>The Great Courses <i>The Middle East in the 20th Century</i> Course Overview <i>The Middle East in the 20th Century</i> offers a marvelous introduction to the history of the region and sheds an important light on the geopolitical stage today. Taught by author and Arabist Professor Eamonn Gearon, these enlightening lessons bring clarity to a convoluted region and linear organization to a multifaceted story.</p> <p>February 3</p> <ul style="list-style-type: none"> A Middle East Crossroads in the Year 1900 Constitutional Revolts in Persia and Turkey <p>February 10</p> <ul style="list-style-type: none"> World War I and the Ottoman Empire's Fall Egyptian Revolution and Turkish Independence <p>February 17</p> <ul style="list-style-type: none"> Monarchies of the 20th-Century Middle East The Muslim Brotherhood and Its Founder <p>February 24</p> <ul style="list-style-type: none"> World War II Fault Lines in the Middle East European Anti-Semitism and Israel's Birth <hr/> <p>AL – Assisted Living AS– Art Studio BA – Burnstein Auditorium GR – Game Room IND – Independent Living IP – Indoor Pool L – Library ML – Manor Lobby DR – Dining Room TC – Town Center TR – Theater Room R – Reservations Required</p>	<p>Happy Birthday</p> <p>Ruth J. 2/7 Phyllis R. 2/26 Mary B. 2/7 Hank H. 2/26 Roy J. 2/9 Arlene C. 2/27 Frances P. 2/12 Marilyn K. 2/28 June N. 2/13 Evelyn C. 2/28</p> 	<p>DINING ROOM HOURS</p> <p>Breakfast 7:30 – 9:00</p> <p>Lunch 11:45 – 1:00</p> <p>Dinner Seating 4:30 – 6:00</p>	<p>POOL HOURS</p> <p>Monday, Tuesday, Wednesday & Friday 9:00 – 4:30 Closed for lunch 12:00 – 1:00 Thursday 1:00 – 4:30 Saturday closed Sunday 10:00 – 2:00</p> 
	<p>2</p> <p>2:00 Movie "How To Lose a Guy in 10 Days" with Kate Hudson TR</p>	<p>3</p> <p>9:30 CORE Fitness BA 10:00 Aqua Basics IP 10:00 Strength and Balance BA 10:30 Crossword AS 11:00 The Great Courses TR 2:00 Aqua Basics IP 1:30 Movie: "Reagan" with Guest Speaker Robert Peters BA</p>	<p>4</p> <p>10:00 Tai Chi BA 10:00 Aqua Tone & Stretch IP 11:00 Trivia with Randy L 2:00 Aqua Tone & Stretch IP 3:30 Sound Therapy with Jackie Rago: Transcendent Tulsa TR</p>
	<p>9</p> <p>2:00 Movie "Arsenic and Old Lace" with Cary Grant TR</p>	<p>10</p> <p>10:30 Town Meeting BA 11:00 The Great Courses TR 2:00 Aqua Basics IP 3:00 Book Club Meeting, "The Women" by Kristin Hannah L</p>	<p>11</p>  <p>10:00 Tai Chi BA 10:00 Aqua Tone & Stretch IP 11:00 Trivia with Randy L 2:00 Aqua Tone & Stretch IP 3:00 Ladies' PositiviTea ML</p>
	<p>16</p> <p>2:00 Movie "Funny Lady" with Barbra Streisand TR</p>	<p>17</p> <p>9:30 CORE Fitness BA 10:00 Aqua Basics IP 10:00 Strength & Balance BA 10:30 Crossword AS 11:00 The Great Courses TR 2:00 Aqua Basics IP</p>	<p>18</p> <p>10:00 Tai Chi BA 10:00 Aqua Tone & Stretch IP 11:00 Trivia with Randy L 2:00 Aqua Tone & Stretch IP 3:30 Breathwork with Tom Bowman: Qigong of Tulsa TR</p>
	<p>23</p> <p>2:00 Movie "Where The Heart Is" with Natalie Portman TR</p>	<p>24</p> <p>9:30 CORE Fitness BA 10:00 Aqua Basics IP 10:00 Strength & Balance BA 10:30 Crossword AS 11:00 The Great Courses TR 2:00 Aqua Basics IP</p>	<p>25</p>  <p>10:00 Tai Chi BA 10:00 Aqua Tone & Stretch IP 11:00 Trivia with Randy L 2:00 Aqua Tone & Stretch IP 3:00 Ladies' PositiviTea ML 3:30 Speaker Jim J. "The History of Zarrow Pointe: A Community with a Vision" BA</p>

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1</p> <p>SABBATH</p> <p>2:00 Movie "Sleepless in Seattle" with Tom Hanks & Meg Ryan TR</p>
<p>5</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:00 National Parks of America TR 3:00 Aqua Basics IP</p>	<p>6</p> <p>10:00 Tai Chi BA 11:15-12:15 Bookmobile ML 3:00 Aqua Tone & Stretch IP 3:30 Speaker Arlene Chemers: "Joie de Vivre" BA</p>	<p>7</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Drum Exercise BA 2:00 Watercolor Class AS R</p> 	<p>8</p> <p>SABBATH</p> <p>2:00 Movie "The African Queen" with Humphrey Bogart and Katharine Hepburn TR</p>
<p>12</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 11:30 -12:30 Lunch & Learn with Rabbi Kaiman DR R 1:00 National Parks of America TR 3:00 Aqua Basics IP</p>	<p>13</p> <p>10:00 Tai Chi BA 3:00 Aqua Tone & Stretch IP</p>	<p>14</p> <p>10:00 Shopping at Super Walmart - Glenpool IND 2:30-4:30 Cupid Karaoke Birthday Celebration & Cocktails BA</p> 	<p>15</p> <p>SABBATH</p> <p>2:00 Movie "Ever After: A Cinderella Story" with Drew Barrymore TR</p>
<p>19</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:00 National Parks of America TR 3:00 Aqua Basics IP</p>	<p>20</p> <p>10:00 Tai Chi BA 3:00 Aqua Tone & Stretch IP 3:30 Guest Speaker Corey Williams: "Love of the Environment" BA</p>	<p>21</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Drum Exercise BA 2:00 Watercolor Class AS R</p>	<p>22</p> <p>SABBATH</p> <p>2:00 Movie "Blast from the Past" with Brendan Fraser TR</p>
<p>26</p> <p>9:30 CORE Fitness BA 10:00 Strength & Balance BA 11:00 Discussion Group AS 1:00 National Parks of America TR 3:00 Aqua Basics IP</p>	<p>27</p> <p>10:00 Tai Chi BA 3:00 Aqua Tone & Stretch IP</p>	<p>28</p> <p>10:00 Walmart Neighborhood Market IND 1:30 Drum Exercise BA 6:15 Shabbat Service with Temple Israel BA</p>	